

BUFFCO DISTANCE CARNIVAL 25/02/23



THANK YOU!

A big thank you to all of you came and ran in our latest time trials. Below is a full breakdown of records, heat results, team results, overall results, and age/gender category results as well. We do keep stats and records, so we'd like to recognise and congratulate the following BuffCo Time Trials records that were set or broken at last weekend's trials!

1500m Meet Records (Individual)

Womens 36-49 Record. **Katrin Gottschalk (Gone Running/Joint Dynamics) – 5:23.51**

Mens 70-79 Record. **Mark Loasby (BuffCo) – 7:10.41**

1500m Club Records (Team)

BuffCo Mixed Team Record. **Emma Eadon, Thomas Wang, Mark Loasby – 21:06.22**

5,000m Meet Records (Individual)

Womens 50-59 Record. **Yuko Loasby (BuffCo) – 25:04.65**

5,000m Club Records (Individual)

Hong Kong Football Club Record. **Jan Souleyman – 18:28.94**

Hong Kong International School Record. **Hugo Souleyman – 19:56.09**

Hong Kong University Record. **Jaeso Rake Chun – 19:04.31**

Imperial College Record. **Jordi Buckley-Paules – 24:07.35**

RUN Record. **Claude – 18:59.88**

Sandhurst Joggers Record. **Nik Light – 19:57.72**

Watsons Record. **Sean Liu – 19:13.82**

Gone Runners Mens 36-49 Record. **Tim Higgins – 18:59.30**

Meisoukai Mens 50-59 Record. **Atsushi Matsuzawa – 19:41.54**

5,000m Meet Records (Team)

Mixed Masters II Record. **Meg Sterling, Simon Weston, Yuko Loasby (BuffCo) – 1:11:25.07**

1500m HEATS

<u>HEAT 2</u>	<u>2:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Naia Magrath	BuffCo	G U-18	6:05.12
2	Ilias Tobback	BuffCo	B U-15	6:05.32
3	Eveline Tobback	BuffCo	G U-18	6:08.68
4	Emily Faulkner	West Island	G U-15	6:34.35
5	Charlotte Goldsmith	BuffCo	G U-18	6:43.00
6	Emma Eadon	BuffCo	G U-15	6:57.52
7	Thomas Wang	BuffCo	B U-12	6:58.29
8	Esther Cook	West Island	G U-15	7:03.23
9	Mark Loasby	BuffCo	M70-79	7:10.41

<u>HEAT 1</u>	<u>2:15PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Charlie von Burg	BuffCo	B U-18	4:36.01
2	Ryan Davies	BuffCo	B U-18	4:57.66
3	Ryuto Arai	BuffCo	B U-15	5:07.17
4	Fahad	RUN/BuffCo	M18-35	5:07.58
5	Nicholas Forde	Unattached	M36-49	5:13.89
6	Theo Watts	BuffCo	B U-15	5:15.95
7	Tai MacLean	BuffCo	B U-18	5:18.39
8	Jason Wong	Unattached	M18-35	5:22.30

9	Katrin Gottschalk	GR/JD	W36-49	5:23.51
10	Henry Russell	BuffCo	B U-15	5:24.20
11	Chiaki Ohara	BuffCo	B U-15	5:34.01
-	Cayden Au Yang	ICS	B U-18	DNS

5,000m HEATS

<u>HEAT 3</u>	<u>3:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Katrin Gottschalk	GR/JD	W36-49	19:26.05
2	David Russell	Unattached	M50-59	22:53.75
3	Jordi Buckley-Paules	Imperial College	M18-35	24:07.35
4	Simon Weston	BuffCo	M50-59	24:38.76
5	Yuko Loasby	BuffCo	W50-59	25:04.65
6	Saxby Macalister	BuffCo	W18-35	29:42.28

<u>HEAT 2</u>	<u>4:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Hugo Souleyman	HKIS	B U-15	19:56.09
2	Nik Light	KipMovin/Sandhurst	M36-49	19:57.72
3	Nicholas Forde	Unattached	M36-49	20:13.17
4	Yasuhiro Nakagawa	Meisoukai	M36-49	20:32.30
5	Charlie von Burg	BuffCo	B U-18	20:42.10
6	Ryan Davies	BuffCo	B U-18	21:14.79
7	Jason Wong	Unattached	M18-35	21:15.08
8	Lewis Bourquin	BuffCo	M18-35	21:17.75
9	Anthony Chui	BuffCo	M50-59	21:23.90
10	Nicholas Ng	BuffCo	B U-18	21:37.32
11	Meg Sterling	BuffCo	W36-49	21:41.66
12	Osamu Nagamatsu	Meisoukai	M36-49	21:46.64
-	Lok Wai Leung	Hong Kong	M18-35	DNS

<u>HEAT 1</u>	<u>4:40pm</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Mohammad Ans	Unattached	M18-35	16:20.05
2	Yui Hang Fok	Unattached	M18-35	16:58.34
3	Wallace Cheng	IRC	M18-35	17:42.46
4	Vincent Chu	BuffCo	M36-49	18:13.48
5	Noah Hui	BuffCo	M18-35	18:22.77
6	Jan Souleyman	HKFC	M50-59	18:28.94
7	Tim Higgins	Gone Running	M36-49	18:59.30
8	Claude	RUN	M18-35	18:59.88
9	Jaeso Rake Chun	HKU/South Korea	M18-35	19:04.31
10	Sean Liu	Watsons	M18-35	19:13.82
11	Felix Law	BuffCo	M18-35	19:19.82
12	Satokazu Tanaka	Meisoukai	M36-49	19:21.32
13	Tai MacLean	BuffCo	B U-18	19:35.32
14	Atsushi Matsuzawa	Meisoukai	M50-59	19:41.54
15	Ansu	RUN	M18-35	20:09.19
-	Chan Ho Kwan	Watsons	M18-35	DNS

TEAM CATEGORY

3 runner's times added up. No max number of runners or teams per club.

TEAM CATEGORY	COMBINED AGE	TEAM CATEGORY	COMBINED AGE
U-12	<33	MASTERS I	106-147
U-15	34-42	MASTERS II	148-177
U-18	43-51	MASTERS III	178-207
MENS/WOMENS	52-105	LEGENDS	208+

1500m TEAM RESULTS

<u>RANK</u>	<u>CAT.</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMBINED</u>	
	<u>RANK</u>				<u>AGE</u>	<u>RESULT</u>
1	1	BuffCo	Charlie, Ryan, Ryuto	Boys U-18	46	14:40.84
2	2	BuffCo	Fahad, Theo, Tai	Boys U-18	47	15:41.92
3	1	BuffCo	Henry, Chiaki, Naia	Mixed U-18	43	17:03.33
4	2	BuffCo	Ilias, Eveline, Charlotte	Mixed U-18	43	18:57.00
5	1	BuffCo	Emma, Thomas, Mark	Mixed	96	21:06.22

5,000m TEAM RESULTS

<u>RANK</u>	<u>CAT.</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMBINED</u>	
	<u>RANK</u>				<u>AGE</u>	<u>RESULT</u>
1		BuffCo	Vincent, Noah, Felix	Mens	99	55:56.07
2		Meisoukai	Satokazu, Atsushi, Yasuhiro	Mens Masters I	140	59:35.16
3		BuffCo	Tai, Charlie, Ryan	Boys U-18	47	1:01:32.21
4		BuffCo	Lewis, Anthony, Nicholas	Mens	95	1:04:18.97
5		BuffCo	Meg, Simon, Yuko	Mix Masters II	164	1:11:25.07

OVERALL RESULTS - 1500m

<u>RANK</u>	<u>CAT</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
	<u>RANK</u>						
1	1	1	Charlie von Burg	BuffCo	B U-18	2007	4:36.01
2	2	1	Ryan Davies	BuffCo	B U-18	2007	4:57.66
3	1	1	Ryuto Arai	BuffCo	B U-15	2009	5:07.17
4	1	1	Fahad	RUN/BuffCo	M18-35	2005	5:07.58
5	1	1	Nicholas Forde	Unattached	M36-49	1974	5:13.89
6	2	1	Theo Watts	BuffCo	B U-15	2009	5:15.95
7	3	1	Tai MacLean	BuffCo	B U-18	2008	5:18.39
8	2	1	Jason Wong	Unattached	M18-35	1992	5:22.30
9	1	1	Katrin Gottschalk	GR/JD	W36-49	1978	5:23.51
10	3	1	Henry Russell	BuffCo	B U-15	2010	5:24.20
11	4	1	Chiaki Ohara	BuffCo	B U-15	2009	5:34.01
12	1	2	Naia Magrath	BuffCo	G U-18	2007	6:05.12
13	5	2	Ilias Tobback	BuffCo	B U-15	2010	6:05.32
14	2	2	Eveline Tobback	BuffCo	G U-18	2008	6:08.68
15	1	2	Emily Faulkner	West Island	G U-15	2009	6:34.35
16	3	2	Charlotte Goldsmith	BuffCo	G U-18	2008	6:43.00
17	2	2	Emma Eadon	BuffCo	G U-15	2011	6:57.52
18	1	2	Thomas Wang	BuffCo	B U-12	2012	6:58.29
19	3	2	Esther Cook	West Island	G U-15	2009	7:03.23
20	1	2	Mark Loasby	BuffCo	M70-79	1950	7:10.41
-	-	1	Cayden Au Yang	ICS	B U-18	2007	DNS

WOMENS RESULTS - 1500m

<u>RANK</u>	<u>CAT</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
	<u>RANK</u>						
1	1	1	Katrin Gottschalk	GR/JD	W36-49	1978	5:23.51
2	1	2	Naia Magrath	BuffCo	G U-18	2007	6:05.12
3	2	2	Eveline Tobback	BuffCo	G U-18	2008	6:08.68
4	1	2	Emily Faulkner	West Island	G U-15	2009	6:34.35
5	3	2	Charlotte Goldsmith	BuffCo	G U-18	2008	6:43.00
6	2	2	Emma Eadon	BuffCo	G U-15	2011	6:57.52
7	3	2	Esther Cook	West Island	G U-15	2009	7:03.23

OVERALL RESULTS - 5,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	Mohammad Ans	Unattached	M18-35	2000	16:20.05
2	2	1	Yui Hang Fok	Unattached	M18-35	1998	16:58.34
3	3	1	Wallace Cheng	IRC	M18-35	1994	17:42.46
4	1	1	Vincent Chu	BuffCo	M36-49	1980	18:13.48
5	4	1	Noah Hui	BuffCo	M18-35	1988	18:22.77
6	1	1	Jan Souleyman	HKFC	M50-59	1971	18:28.94
7	2	1	Tim Higgins	Gone Running	M36-49	1983	18:59.30
8	5	1	Claude	RUN	M18-35	1989	18:59.88
9	6	1	Jaeso Rake Chun	HKU/South Korea	M18-35	1999	19:04.31
10	7	1	Sean Liu	Watsons	M18-35	1999	19:13.82
11	8	1	Felix Law	BuffCo	M18-35	2002	19:19.82
12	3	1	Satokazu Tanaka	Meisoukai	M36-49	1980	19:21.32
13	1	3	Katrin Gottschalk	GR/JD	W36-49	1978	19:26.05
14	1	1	Tai MacLean	BuffCo	B U-18	2008	19:35.32
15	2	1	Atsushi Matsuzawa	Meisoukai	M50-59	1971	19:41.54
16	1	2	Hugo Souleyman	HKIS	B U-15	2010	19:56.09
17	4	2	Nik Light	KipMovin/Sandhurst	M36-49	1983	19:57.72
18	9	1	Ansu	RUN	M18-35	1988	20:09.19
19	5	2	Nicholas Forde	Unattached	M36-49	1974	20:13.17
20	6	2	Yasuhiro Nakagawa	Meisoukai	M36-49	1978	20:32.30
21	2	2	Charlie von Burg	BuffCo	B U-18	2007	20:42.10
22	3	2	Ryan Davies	BuffCo	B U-18	2007	21:14.79
23	10	2	Jason Wong	Unattached	M18-35	1992	21:15.08
24	11	2	Lewis Bourquin	BuffCo	M18-35	2003	21:17.75
25	3	2	Anthony Chui	BuffCo	M50-59	1964	21:23.90
26	4	2	Nicholas Ng	BuffCo	B U-18	2007	21:37.32
27	2	2	Meg Sterling	BuffCo	W36-49	1974	21:41.66
28	7	2	Osamu Nagamatsu	Meisoukai	M36-49	1982	21:46.64
29	4	3	David Russell	Unattached	M50-59	1967	22:53.75
30	12	3	Jordi Buckley-Paules	Imperial College	M18-35	1997	24:07.35
31	5	3	Simon Weston	BuffCo	M50-59	1964	24:38.76
32	1	3	Yuko Loasby	BuffCo	W50-59	1967	25:04.65
33	1	3	Saxby Macalister	BuffCo	W18-35	1994	29:42.28
-	-	1	Chan Ho Kwan	Watsons	M18-35	2003	DNS
-	-	2	Lok Wai Leung	Hong Kong	M18-35	1998	DNS

WOMENS RESULTS - 5,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	3	Katrin Gottschalk	GR/JD	W36-49	1978	19:26.05
2	2	2	Meg Sterling	BuffCo	W36-49	1974	21:41.66
3	1	3	Yuko Loasby	BuffCo	W50-59	1967	25:04.65
4	1	3	Saxby Macalister	BuffCo	W18-35	1994	29:42.28

MEET RECORDS

<i>MEET RECORDS 1500M</i>	NAME	CLUB	TIME	YEAR
GIRLS U-9	Mila Mahbubani	Unattached	8:44.34	2022
BOYS U-12	Tor Man	BuffCo	5:29.10	2019
GIRLS U-12	Jacquelyn Perrin	KipMovin	5:46.40	2021
BOYS U-15	Charlie von Burg	BuffCo	4:48.89	2021
GIRLS U-15	Lila Man	BuffCo	5:19.20	2019
BOYS U-18	Jabez Siu	BuffCo	4:12.21	2020
GIRLS U-18	Ella Brown	BuffCo	4:53.33	2021
MENS 18-35	Khan Kamran	Unattached	4:01.58	2022
WOMENS 18-35	Kara Casey	BuffCo	5:48.71	2020
MENS 36-49	Jeff Campbell	GR/JD	4:08.40	2021
WOMENS 36-49	Katrin Gottschalk	GR/JD	5:23.51	2023
MENS 50-59	Mark Reeves	Unattached	5:04.27	2019
WOMENS 50-59	Yuko Loasby	BuffCo	6:45.19	2021
MENS 70-79	Mark Loasby	BuffCo	7:10.41	2023
BOYS U-15 TEAM	Jiro Loasby Giorgio Guerra Theo Mag	BuffCo	14:40.07	2019
GIRLS U-15 TEAM	Hana Clode Jacquelyn Perrin Amaya Mantel	KipMovin	17:24.02	2022
MIXED U-15 TEAM	Ilias Tobback Eveline Tobback Kirsty Donovan	BuffCo	18:04.92	2022
BOYS U-18 TEAM	Mark Russell Rafe Man Swiss Duangthip	BuffCo	12:48.04	2019
GIRLS U-18 TEAM	Maya Tobback Asrya Gobindpuri Eveline Tobback	BuffCo	16:22.08	2022
MIXED U-18 TEAM	Tor Man Ryan Davies Asrya Gobindouri	BuffCo	16:00.84	2022
MENS TEAM	Sean Hsing-Ming Fontaine Thomas Macalister-Smith Israel Valcarcel	BuffCo	14:10.49	2022
WOMENS TEAM	Ella Brown Madi Brown Yuko Loasby	BuffCo	17:23.05	2021
MIXED TEAM	Eamonn Sinnott Jethro Tong Ivy Khositmanit	KipMovin	18:50.91	2021
MENS MASTERS I TEAM	Andrea Cloarec Jeff Campbell Jean-Baptiste Martenet	GR/JD	12:46.94	2021

MEET RECORDS 5,000M	NAME	CLUB	TIME	YEAR
BOYS U-15	Tommy Hall	BuffCo	17:30.24	2020
GIRLS U-15	Zoe Cheng	BuffCo	22:45.64	2022
BOYS U-18	Rafe Man	BuffCo	16:13.52	2020
GIRLS U-18	Maya Tobback	BuffCo	19:43.93	2022
MENS 18-35	Cheng Chak Tong	TeamSolo	15:38.42	2022
WOMENS 18-35	Virginia Lo	Trailblazer	18:02.85	2021
MENS 36-49	Jeff Campbell	GR/JD	15:47.75	2022
WOMENS 36-49	Eszter Csillag	Unattached	19:20.20	2021
MENS 50-59	Tim Marchant	Unattached	18:20.38	2022
WOMENS 50-59	Yuko Loasby	BuffCo	25:04.65	2023
MENS 60-69	Isao Sugawara	Meisoukai	19:49.88	2022
MENS 70-79	Mark Loasby	BuffCo	27:23.57	2021
BOYS U-15 TEAM	Tor Man Tai MacLean Theo Watts	BuffCo	59:38.23	2022
BOYS U-18 TEAM	Jabez Siu Dom Davidson Loughlin Davidson	BuffCo	49:53.87	2021
GIRLS U-18 TEAM	Maya Tobback Asrya Gobindpuri Zoe Cheng	BuffCo	1:02:40.65	2022
MIXED U-18 TEAM	Ryan Davies Ava Singer Lewis Bourquin	BuffCo	1:03:46.94	2021
MENS 18-35 TEAM	Cheng Chak Tong Vincent Chan Christopher Ngai	TeamSolo	47:22.53	2022
MIXED 18-35 TEAM	Kai Lok Wong Perry Chow Virginia Lo	Trailblazer	51:45.13	2021
MENS MASTERS I TEAM	Yasuhiro Watanabe Yusuke Shimosono Kazuya Kuribayashi	Meisoukai	53:17.40	2022
WOMENS MASTERS I TEAM	Nellie Froidevaux Yuko Loasby Cynthia Claytor	BuffCo	1:16:38.81	2022
MIXED MASTERS I TEAM	Yann Kai Oh Sheel Kohli Stephanie Pezot	pACe running	59:45.18	2021
MENS MASTERS II TEAM	Isao Sugawara Atsushi Matsuzawa Satokazu Tanaka	Meisoukai	1:00:04.20	2022
MIXED MASTERS II TEAM	Meg Sterling Simon Weston Yuko Loasby	BuffCo	1:11:25.07	2023

