

BUFFCO SUMMER TRACK SERIES

14 May 2021 - 3000m



Results

Heat	Time	Club	Result
Heat 8	5:30pm		
1	Alex Niemy	BuffCo	13:46.18
2	Lila Man	BuffCo	13:48.57
3	DJ Charlwood	BuffCo	14:24.19
4	Yuko Loasby	BuffCo	14:44.46
5	Tina Wu	Unattached	16:29.91
6	Olivia Niemy	BuffCo	17:03.05
Heat 7	5:51pm		
1	Henry Russell	BuffCo	13:14.38
2	Tor Man	BuffCo	13:43.55
3	Kirsten Hill	Unattached	14:02.34
4	Mustafa	RUN	14:08.97
5	Catherine Leonard	HKLRRRC	14:12.44
Heat 6	6:09pm		
1	Nickson Rai	Nepal	12:42.81
2	Lewis Borquin	BuffCo	12:54.18
3	Jayne Schrantz	Unattached	13:32.80
Heat 5	6:31pm		
1	Alex Raper	Hong Kong	11:25.70
2	Tim Vandecasteele	Unattached	11:34.06
3	Josh Lee	Unattached	11:37.09
4	Victor	RUN	11:39.82
5	Idle	RUN	11:42.79
6	Denny Shih	Unattached	11:47.71
7	Ryan Davies	BuffCo	11:55.27
8	Matthew Yu	BuffCo	12:49.46
9	Zoe Cheng	Unattached	13:15.83

Heat 4	7:22pm	Club	Result
1	Loz Wong	HKSC/LBC	10:26.79
2	Ryan Kemp	Unattached	10:29.86
3	Jose Bongulto	BuffCo	10:32.23
4	Bradley Chan	BuffCo	10:33.74
5	James Owens	Unattached	10:35.42
6	Sam Manger	Hong Kong	10:36.35
7	Ella Brown	BuffCo	10:42.01
8	Ansu	RUN	10:51.45
9	Arnaud Mauduit	Hong Kong	11:13.12

Heat 3	7:47pm	Club	Result
1	Lau King Fung	Unattached	9:38.61
2	Andy Sin	Unattached	9:46.89
3	Leo Cheng	Unattached	9:47.40
4	Loughlin Davidson	BuffCo	9:54.87
5	Jasper van der Ploeg	Netherlands	9:55.65
6	San Chak Sing	Unattached	9:58.46
7	Laurent Nguyen	Unattached	10:05.88
8	Lodewijk Vriens	Unattached	10:13.21
9	Charlie Stewart	Unattached	10:20.30

Heat 2	8:09pm	Club	Result
1	Matthew Jack	CRRC	9:40.50
2	Jiro Loasby	BuffCo	9:45.52
3	Dom Davidson	BuffCo	10:01.37
4	Ferdinand Airault	HKSC/LBC	10:09.35
5	David Klar	Australia/Gone R.	10:44.91

Heat 1	8:31pm	Club	Result
1	Jeff Campbell	Gone R./Joint D.	8:49.94
2	Andrea Cloarec	Gone R./Joint D.	8:50.30
3	Mark Russell	BuffCo	9:30.34
4	Rafe Man	BuffCo	9:40.67
5	Jabez Siu	BuffCo	10:00.82

Overall Results

	Name	Club	Result
1	Jeff Campbell	Gone R./Joint D.	8:49.94
2	Andrea Cloarec	Gone R./Joint D.	8:50.30
3	Mark Russell	BuffCo	9:30.34
4	Lau King Fung	Unattached	9:38.61
5	Matthew Jack	CRRC	9:40.50
6	Rafe Man	BuffCo	9:40.67
7	Jiro Loasby	BuffCo	9:45.52
8	Andy Sin	Unattached	9:46.89
9	Leo Cheng	Unattached	9:47.40
10	Loughlin Davidson	BuffCo	9:54.87
11	Jasper van der Ploeg	Netherlands	9:55.65
12	San Chak Sing	Unattached	9:58.46
13	Jabez Siu	BuffCo	10:00.82
14	Dom Davidson	BuffCo	10:01.37
15	Laurent Nguyen	Unattached	10:05.88
16	Ferdinand Airault	HKSC/LBC	10:09.35
17	Lodewijk Vriens	Unattached	10:13.21
18	Charlie Stewart	Unattached	10:20.30
19	Loz Wong	HKSC/LBC	10:26.79
20	Ryan Kemp	Unattached	10:29.86
21	Jose Bongulto	BuffCo	10:32.23
22	Bradley Chan	BuffCo	10:33.74
23	James Owens	Unattached	10:35.42
24	Sam Manger	Hong Kong	10:36.35
25	Ella Brown	BuffCo	10:42.01
26	David Klar	Australia/Gone R.	10:44.91
27	Ansu	RUN	10:51.45
28	Arnaud Mauduit	Hong Kong	11:13.12
29	Alex Raper	Hong Kong	11:25.70
30	Tim Vandecasteele	Unattached	11:34.06
31	Josh Lee	Unattached	11:37.09
32	Victor	RUN	11:39.82
33	Idle	RUN	11:42.79
34	Denny Shih	Unattached	11:47.71
35	Ryan Davies	BuffCo	11:55.27
36	Nickson Rai	Nepal	12:42.81
37	Matthew Yu	BuffCo	12:49.46
38	Lewis Borquin	BuffCo	12:54.18
39	Henry Russell	BuffCo	13:14.38
40	Zoe Cheng	Unattached	13:15.83
41	Jayne Schrantz	Unattached	13:32.80
42	Tor Man	BuffCo	13:43.55
43	Alex Niemy	BuffCo	13:46.18
44	Lila Man	BuffCo	13:48.57
45	Kirsten Hill	Unattached	14:02.34
46	Mustafa	RUN	14:08.97
47	Catherine Leonard	HKLRRRC	14:12.44
48	DJ Charlwood	BuffCo	14:24.19
49	Yuko Loasby	BuffCo	14:44.46
50	Tina Wu	Unattached	16:29.91
51	Olivia Niemy	BuffCo	17:03.05

Team Results

20min add-on per person for teams with less than 3 finishers.

	TEAM	TOP 3 RUNNERS	TOP 3 TIME
1	Gone Running Joint Dynamics	Jeff Campbell 8:49.94 Andrea Cloarec 8:50.30 David Klar 10:44.91	28:25.15
2	BuffCo (Men)	Mark Russell 9:30.34 Rafe Man 9:40.67 Jiro Loasby 9:45.52	28:56.53
3	Hong Kong	Sam Manger 10:36.35 Arnaud Mauduit 11:13.12 Alex Raper 11:25.70	33:15.17
4	RUN HK	Ansu 10:51.45 Victor 11:39.82 Idle 11:42.79	34:14.06
5	BuffCo (Women)	Ella Brown 10:42.01 Lila Man 13:48.57 Yuko Loasby 14:44.46	39:15.04
6	HK Sports Clinic Lantau Basecamp	Ferd. Airault 10:09.35 Loz Wong 10:26.79 N/A - 20:00.00	40:36.14
7	CRRC	Matthew Jack 9:40.50 N/A - 20:00.00 N/A - 20:00.00	49:40.50
8	Netherlands	Jasper vd Ploeg 9:55.65 N/A - 20:00.00 N/A - 20:00.00	49:55.65
9	Nepal	Nickson Rai 12:42.81 N/A - 20:00.00 N/A - 20:00.00	52:42.81
10	HKLRRRC	C. Leonard 14:12.44 N/A - 20:00.00 N/A - 20:00.00	54:12.44