

2024 SUMMER TRACK SERIES 31 MAY 2024



800m & 2x400m Relay. Aberdeen

A big thank you to all of you came and ran in our latest time trials. Below is a full breakdown of records, heat results, team results, overall results, and age/gender category results. If you enjoyed the event and would like to contribute to what we do, you can still donate an optional entry fee via cash, PayMe, FPS or transfer. Email us at info@buffco.hk for details.

800m Meet Records (Individual)

Girls U-18 Record. **Jia Rhee (HKIS) – 2:23.39**

Mens 70-79 Record. **Frank McNamara (AVOHK) – 3:03.51**

800m Meet Records (Team)

Girls U-18s Team Record. **Téa McMahon, Caitlin Shoaf, Aemilia Rice Mileto (BuffCo) – 8:14.39**

Mens Masters I Team Record. **Loz Wong, Nicholas Forde, Tim Marchant (BuffCo) – 7:31.14**

800m Club Records (Individual)

AVOHK Mens 18-35 Record. **Bradley Chan – 2:13.02**

BuffCo Mens 50-59 Record. **Nicholas Forde – 2:29.48**

Delia Memorial School Broadway Boys U-15 Record. **Limbu Adrian – 2:18.88**

Gone Running/Joint Dynamics Womens 36-49 Record. **Katrin Gottschalk – 2:45.11**

KCIS Boys U-12 Record. **George Fu – 3:26.22**

800m Club Records (Team)

AVOHK Mens Masters I Team Record. **Bradley Chan, David Woo, Frank McNamara – 7:37.61**

<u>HEAT 6</u>	<u>7:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	BuffCo CC-CW	BuffCo	W RELAY	-	3:00.65
2	BuffCo YL-TY	BuffCo	W RELAY	-	3:06.51
3	Alessandra Gilham	West Island	G U-15	2012	3:07.59
4	Henry Hyde	BuffCo	B U-18	2009	3:09.57
5	Grace Yeung	BuffCo	G U-15	2010	3:11.17
6	Peach Callaghan	BuffCo	G U-18	2008	3:15.26
7	BuffCo JD-CD	BuffCo	M RELAY	-	3:18.29
8	Olivia Hyde	BuffCo	G U-15	2012	3:18.56
9	George Fu	KCIS	B U-12	2014	3:26.22
10	Malcolm Sam	KCIS	B U-12	2014	3:32.02
11	Lionel	RUN	M36-49	1987	3:34.65
12	Samanthi	RUN	W36-49	1982	4:16.27
-	Cyriane Toucas	BuffCo	G U-18	2009	DNS

<u>HEAT 5</u>	<u>7:10PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	West Island	West Island	B RELAY	-	2:31.66
2	Habib	RUN	M36-49	1985	2:46.37
3	Reka Szentes	BuffCo	G U-15	2010	2:53.70
4	Ben Caplin	BuffCo	B U-15	2011	2:53.89
5	Benji Williams	BuffCo	B U-15	2012	2:54.18
6	Kaitlin Cheung	BuffCo	W18-35	1994	2:54.60
7	BuffCo OH-HH	BuffCo	X RELAY	-	2:54.87
8	Charlotte Goldsmith	BuffCo	G U-18	2008	2:55.27
9	Samuel Lee	Unattached	M36-49	1976	2:57.46
10	Frank McNamara	AVOHK	M70-79	1953	3:03.51
-	Jaime Pharoah	BuffCo	G U-18	2009	DNS

<u>HEAT 4</u>	<u>7:20PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	Jonathan Chan	BuffCo	M18-35	1999	2:27.73
2	Jia Rhee	HKIS	G U-18	2009	2:27.89
3	WIS JS-ZC	West Island	G RELAY	-	2:37.27
4	Roch Bączkowski	BuffCo	B U-18	2007	2:38.09
5	Téa McMahon	BuffCo	G U-18	2009	2:40.11
6	Katrin Gottschalk	GR/JD	W36-49	1978	2:45.11
7	Caitlin Shoaf	BuffCo	G U-18	2008	2:47.01
8	Aemilia Rice Mileto	BuffCo	G U-18	2008	2:47.27
9	Safiya Gilham	BuffCo	G U-18	2009	2:52.31
10	Kate Halstead	BuffCo	W36-49	1987	2:53.85
11	Grace Carter	BuffCo	G U-18	2009	2:57.22
-	Ellis Evans	BuffCo	B U-15	2010	DNS

<u>HEAT 3</u>	<u>7:30PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	Jono Woodhouse	GR/JD	M50-59	1973	2:23.23
2	RUN H-A	RUN	M RELAY	-	2:26.23
3	Loz Wong	BuffCo	M36-49	1987	2:27.12
4	Nicholas Forde	BuffCo	M50-59	1974	2:29.48
5	Vince Choy	BuffCo	B U-18	2009	2:30.47
6	Navjot Singh	DMS BW	B U-18	2008	2:32.64
7	BuffCo BB-M	BuffCo	B RELAY	-	2:33.92
8	Tim Marchant	BuffCo	M50-59	1972	2:34.54
9	BuffCo EC-RN	BuffCo	G RELAY	-	2:35.17
10	Singh Manjot	DMS BW	B U-18	2007	2:38.28
11	BuffCo PC-RD	BuffCo	X RELAY	-	2:39.51
-	Junfeng Ou	BuffCo	M18-35	2005	DNS

<u>HEAT 2</u>	<u>7:45PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	BuffCo JC-LW	BuffCo	M RELAY	-	2:08.05
2	Bradley Chan	AVOHK	M18-35	2003	2:13.02
3	Morgan Deltheil	BuffCo	B U-18	2009	2:14.50
4	Ryan Davies	BuffCo	B U-18	2007	2:15.47
5	Ethan Kao	BuffCo	B U-18	2008	2:16.14
6	Swiss Duangthip	BuffCo	M18-35	2003	2:16.69
7	Chirs Whitehead	BuffCo	B U-18	2007	2:17.20
8	Uku Kruusamae	Unattached	M18-35	1992	2:17.53
9	Puneet Sanger	DMS BW	B U-18	2008	2:17.97
10	Ryuto Arai	BuffCo	B U-18	2009	2:18.18
11	Marcus Ling	BuffCo	B U-15	2010	2:18.49
12	Limbu Adrian	DMS BW	B U-15	2010	2:18.88
13	BuffCo SD-NM	BuffCo	G RELAY	-	2:19.97
14	BuffCo NF-TM	BuffCo	M RELAY	-	2:20.89
15	David Woo	AVOHK	M36-49	1981	2:21.08
16	Shah Newaz Ehan	DMS BW	B U-18	2007	2:21.23
17	Ilias Tobback	BuffCo	B U-15	2010	2:21.98
18	Jia Rhee	HKIS	G U-18	2009	2:23.39

<u>HEAT 1</u>	<u>8:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	AVOHK AK-RR	AVOHK	M RELAY	-	1:58.23
2	Tomas Hall	BuffCo	M18-35	2006	1:59.33
3	Khan Muzammil	Unattached	M18-35	2005	2:05.59
4	BuffCo SS-ML	BuffCo	B RELAY	-	2:05.96
5	Clement Chan	ICS Warriors	M18-35	2006	2:06.42
6	BuffCo MW-IT	BuffCo	B RELAY	-	2:07.13
7	Tor Man	BuffCo	B U-18	2008	2:07.41
8	Thomas M-Smith	BuffCo	M18-35	1990	2:08.80
9	BuffCo JW-CW	BuffCo	M RELAY	-	2:09.26
10	Koppany Szentes	BuffCo	B U-18	2009	2:10.62
11	BuffCo M-EK	BuffCo	M RELAY	-	2:10.99
12	Bryan Lau	TeamSolo	M18-35	2005	2:11.27
13	Vincent Chan	TeamSolo	M18-35	2002	2:11.51
14	Taivo Stimmer	Tennis Asia	M36-49	1984	2:11.79
15	BuffCo RD-MD	BuffCo	X RELAY	-	2:15.19
16	RUN H-EB	RUN	X RELAY	-	2:15.72
-	Chan Ho Kwan	Unattached	M18-35	2003	DNF
-	Masayoshi Kido	BuffCo	B U-18	2007	DNS

OVERALL RESULTS - 800m Individual

<u>RANK</u>	<u>CAT</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
	<u>RANK</u>						
1	1	1	Tomas Hall	BuffCo	M18-35	2006	1:59.33
2	2	1	Khan Muzammil	Unattached	M18-35	2005	2:05.59
3	3	1	Clement Chan	ICS Warriors	M18-35	2006	2:06.42
4	1	1	Tor Man	BuffCo	B U-18	2008	2:07.41
5	4	1	Thomas M-Smith	BuffCo	M18-35	1990	2:08.80
6	2	1	Koppany Szentes	BuffCo	B U-18	2009	2:10.62
7	5	1	Bryan Lau	TeamSolo	M18-35	2005	2:11.27
8	6	1	Vincent Chan	TeamSolo	M18-35	2002	2:11.51
9	1	1	Taivo Stimmer	Tennis Asia	M36-49	1984	2:11.79
10	7	2	Bradley Chan	AVOHK	M18-35	2003	2:13.02
11	3	2	Morgan Deltheil	BuffCo	B U-18	2009	2:14.50
12	4	2	Ryan Davies	BuffCo	B U-18	2007	2:15.47
13	5	2	Ethan Kao	BuffCo	B U-18	2008	2:16.14
14	8	2	Swiss Duangthip	BuffCo	M18-35	2003	2:16.69
15	6	2	Chirs Whitehead	BuffCo	B U-18	2007	2:17.20
16	9	2	Uku Kruusamaee	Unattached	M18-35	1992	2:17.53
17	7	2	Puneet Sanger	DMS BW	B U-18	2008	2:17.97
18	8	2	Ryuto Arai	BuffCo	B U-18	2009	2:18.18
19	1	2	Marcus Ling	BuffCo	B U-15	2010	2:18.49
20	2	2	Limbu Adrian	DMS BW	B U-15	2010	2:18.88
21	2	2	David Woo	AVOHK	M36-49	1981	2:21.08
22	9	2	Shah Newaz Ehan	DMS BW	B U-18	2007	2:21.23
23	3	2	Ilias Tobback	BuffCo	B U-15	2010	2:21.98
24	1	3	Jono Woodhouse	GR/JD	M50-59	1973	2:23.23
25	1	2	Jia Rhee	HKIS	G U-18	2009	2:23.39
26	3	3	Loz Wong	BuffCo	M36-49	1987	2:27.12
27	10	4	Jonathan Chan	BuffCo	M18-35	1999	2:27.73
28	2	4	Jia Rhee	HKIS	G U-18	2009	2:27.89
29	2	3	Nicholas Forde	BuffCo	M50-59	1974	2:29.48
30	10	3	Vince Choy	BuffCo	B U-18	2009	2:30.47
31	11	3	Navjot Singh	DMS BW	B U-18	2008	2:32.64
32	3	3	Tim Marchant	BuffCo	M50-59	1972	2:34.54

33	12	4	Roch Bączkowski	BuffCo	B U-18	2007	2:38.09
34	13	3	Singh Manjot	DMS BW	B U-18	2007	2:38.28
35	3	4	Téa McMahon	BuffCo	G U-18	2009	2:40.11
36	1	4	Katrin Gottschalk	GR/JD	W36-49	1978	2:45.11
37	4	5	Habib	RUN	M36-49	1985	2:46.37
38	4	4	Caitlin Shoaf	BuffCo	G U-18	2008	2:47.01
39	5	4	Aemilia Rice Mileto	BuffCo	G U-18	2008	2:47.27
40	6	4	Safiya Gilham	BuffCo	G U-18	2009	2:52.31
41	1	5	Reka Szentes	BuffCo	G U-15	2010	2:53.70
42	2	4	Kate Halstead	BuffCo	W36-49	1987	2:53.85
43	4	5	Ben Caplin	BuffCo	B U-15	2011	2:53.89
44	5	5	Benji Williams	BuffCo	B U-15	2012	2:54.18
45	1	5	Kaitlin Cheung	BuffCo	W18-35	1994	2:54.60
46	7	5	Charlotte Goldsmith	BuffCo	G U-18	2008	2:55.27
47	8	4	Grace Carter	BuffCo	G U-18	2009	2:57.22
48	5	5	Samuel Lee	Unattached	M36-49	1976	2:57.46
49	1	5	Frank McNamara	AVOHK	M70-79	1953	3:03.51
50	2	6	Alessandra Gilham	West Island	G U-15	2012	3:07.59
51	14	6	Henry Hyde	BuffCo	B U-18	2009	3:09.57
52	3	6	Grace Yeung	BuffCo	G U-15	2010	3:11.17
53	9	6	Peach Callaghan	BuffCo	G U-18	2008	3:15.26
54	4	6	Olivia Hyde	BuffCo	G U-15	2012	3:18.56
55	1	6	George Fu	KCIS	B U-12	2014	3:26.22
56	2	6	Malcolm Sam	KCIS	B U-12	2014	3:32.02
57	6	6	Lionel	RUN	M36-49	1987	3:34.65
58	3	6	Samanthi	RUN	W36-49	1982	4:16.27
-	-	1	Chan Ho Kwan	Unattached	M18-35	2003	DNF
-	-	1	Masayoshi Kido	BuffCo	B U-18	2007	DNS
-	-	3	Junfeng Ou	BuffCo	M18-35	2005	DNS
-	-	4	Ellis Evans	BuffCo	B U-15	2010	DNS
-	-	5	Jaime Pharoah	BuffCo	G U-18	2009	DNS
-	-	6	Cyriane Toucas	BuffCo	G U-18	2009	DNS

OVERALL RESULTS - 800m Women Individual

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	2	Jia Rhee	HKIS	G U-18	2009	2:23.39
2	2	4	Jia Rhee	HKIS	G U-18	2009	2:27.89
3	3	4	Téa McMahon	BuffCo	G U-18	2009	2:40.11
4	1	4	Katrin Gottschalk	GR/JD	W36-49	1978	2:45.11
5	4	4	Caitlin Shoaf	BuffCo	G U-18	2008	2:47.01
6	5	4	Aemilia Rice Mileto	BuffCo	G U-18	2008	2:47.27
7	6	4	Safiya Gilham	BuffCo	G U-18	2009	2:52.31
8	1	5	Reka Szentes	BuffCo	G U-15	2010	2:53.70
9	2	4	Kate Halstead	BuffCo	W36-49	1987	2:53.85
10	1	5	Kaitlin Cheung	BuffCo	W18-35	1994	2:54.60
11	7	5	Charlotte Goldsmith	BuffCo	G U-18	2008	2:55.27
12	8	4	Grace Carter	BuffCo	G U-18	2009	2:57.22
13	2	6	Alessandra Gilham	West Island	G U-15	2012	3:07.59
14	3	6	Grace Yeung	BuffCo	G U-15	2010	3:11.17
15	9	6	Peach Callaghan	BuffCo	G U-18	2008	3:15.26
16	4	6	Olivia Hyde	BuffCo	G U-15	2012	3:18.56
17	3	6	Samanthi	RUN	W36-49	1982	4:16.27
-	-	5	Jaime Pharoah	BuffCo	G U-18	2009	DNS
-	-	6	Cyriane Toucas	BuffCo	G U-18	2009	DNS

2x400m RELAY CATEGORY

Age is by Year of Birth, regardless of age on the day.

TEAM CATEGORY	COMBINED AGE	TEAM CATEGORY	COMBINED AGE
U-12	17-22	36-49	71-98
U-15	23-28	50-59	99-118
U-18	29-34	60-69	119-138
18-36	35-70	70-79	139+

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAMES</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>COMB</u> <u>AGE</u>	<u>RESULT</u>
1	1	1	Aldo Kriel, Ryan Robbie	AVOHK	M36-49	85	1:58.23
2	1	1	So Suzuki, Marcus Ling	BuffCo	B U-18	29	2:05.96
3	1	1	Mark Wang, Ilias Tobback	BuffCo	B U-15	27	2:07.13
4	1	2	Jonathan Chan, Loz Wong	BuffCo	M18-35	62	2:08.05
5	2	1	Jono W., Christopher W.	BuffCo	M18-35	68	2:09.26
6	3	1	Mohammed, Ethan Kao	BuffCo	M18-35	39	2:10.99
7	2	1	Ryan D., Morgan D.	BuffCo	B U-18	32	2:15.19
8	1	1	Habib, Erin Brown	RUN	X18-35	64	2:15.72
9	1	2	Siobhan D., Naia M.	BuffCo	G U-18	33	2:19.97
10	1	2	Nicholas F., Tim M.	BuffCo	M50-59	102	2:20.89
11	4	3	Habib, Amir	RUN	M18-35	67	2:26.23
12	3	5	Dawson, Angelo	West Island	B U-18	32	2:31.66
13	5	3	Ben & Benji, Mo	BuffCo	M18-35	35	2:33.92
14	2	3	Esther Cook, Rochelle Ng	BuffCo	G U-18	30	2:35.17
15	3	4	Jasmine Sim, Zoe Cheng	West Island	G U-18	33	2:37.27
16	1	3	Peach C, Roch B.	BuffCo	X U-18	33	2:39.51
17	1	5	Olivia & Henry Hyde	BuffCo	X U-15	27	2:54.87
18	1	6	Cathy Cole, Char W.	BuffCo	W50-59	100	3:00.65
19	2	6	Yuko Loasby, Tanya Yui	BuffCo	W50-59	104	3:06.51
20	6	6	James & Callum Donald	BuffCo	M18-35	44	3:18.29

TEAM CATEGORY

3 runner's times added up. No max number of runners or teams per club.

Age is by Year of Birth, regardless of age on the day.

TEAM CATEGORY	COMBINED AGE	TEAM CATEGORY	COMBINED AGE
U-12	<33	MASTERS I 36-49	106-147
U-15	34-42	MASTERS II 50-59	148-177
U-18	43-51	MASTERS III 60-69	178-207
MENS/WOMENS	52-105	LEGENDS 70+	208+

<u>RANK</u>	<u>CAT.</u> <u>RANK</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMBINED</u> <u>AGE</u>	<u>RESULT</u>
1	1	BuffCo	Tomas, Thomas, Swiss	Mens	73	6:24.82
2	1	BuffCo	Tor, Koppany, Morgan	Boys U-18	46	6:32.53
3	2	BuffCo	Ryan, Ethan, Christopher	Boys U-18	50	6:49.81
4	3	DMS BW	Puneet, Limbu, Shah	Boys U-18	47	6:58.08
5	4	BuffCo	Ryuto, Vince, Roch	Boys U-18	47	7:26.74
6	1	BuffCo	Loz, Nicholas, Tim	Mens Masters I	139	7:31.14
7	1	BuffCo	Marcus, Ilias, Ben	Boys U-15	41	7:34.38
8	2	AVOHK	Bradley, David, Frank	Mens Masters I	135	7:37.61
9	1	BuffCo	Téa, Caitlin, Aemilia	Girls U-18	47	8:14.39
10	1	BuffCo	Jonathan, Kate, Kaitlin	Mixed	92	8:16.18
11	2	BuffCo	Safiya, Charlotte, Grace	Girls U-18	46	8:44.80
12	1	BuffCo	Benji, Henry, Peach	Mixed U-18	43	9:19.01
13	1	BuffCo	Reka, Grace, Olivia	Girls U-15	40	9:23.43
14	1	RUN	Habib, Lionel, Samantha	Mixed Masters I	118	10:37.29

MEET RECORDS – 800m

<i>MEET RECORDS 800M</i>	NAME	CLUB	TIME	YEAR
BOYS U-9	Laurence Hyde	BuffCo	3:33.31	2024
BOYS U-12	Henry Russell	BuffCo	2:47.76	2021
GIRLS U-12	Zoe Quigley	BuffCo	3:04.45	2022
BOYS U-15	Ryuto Arai	BuffCo	2:17.34	2023
GIRLS U-15	Lila Man	BuffCo	2:34.01	2019
BOYS U-18	Swiss Duangthip	BuffCo	2:00.34	2020
GIRLS U-18	Jia Rhee	HKIS	2:23.39	2024
MENS 18-35	Sean HM Fontaine	BuffCo	1:51.89	2023
WOMENS 18-35	Cadence Chang	BuffCo	2:35.21	2024
MENS 36-49	Jeff Campbell	GR/JD	2:01.12	2021
WOMENS 36-49	Eszter Csillag	Unattached	2:41.97	2021
MENS 50-59	Jono Woodhouse	GR/JD	2:22.39	2023
WOMENS 50-59	Catherine Chow	lululemon	3:18.66	2023
MENS 60-69	Ross MacLean	BuffCo	3:18.43	2023
MENS 70-79	Frank McNamara	AVOHK	3:03.51	2024
BOYS U-15 TEAM	Ryuto Arai So Suzuki Chiaki Ohara	BuffCo	7:13.52	2023
GIRLS U-15 TEAM	Eveline Tobback Cyriane Toucas Zoe Quigley	BuffCo	8:56.51	2022
MIXED U-15 TEAM	Christine Pudwill Nellie Froidevaux Henry Russell	BuffCo	8:10.73	2021
BOYS U-18 TEAM	Rafe Man Swiss Duangthip Jiro Loasby	BuffCo	6:14.68	2021
GIRLS U-18 TEAM	Téa McMahon Caitlin Shoaf Aemilia Rice Mileto	BuffCo	8:14.39	2024
MIXED U-18 TEAM	Jai Mensforth Tai MacLean Cadence Chang	BuffCo	7:33.23	2023
MENS TEAM	Mark Russell Swiss Duangthip Rafe Man	BuffCo	6:02.64	2020
MIXED TEAM	Jiro Loasby Naia Magrath Zein Williams	BuffCo	8:09.76	2023
MENS MASTERS I TEAM	Loz Wong Nicholas Forde Tim Marchant	BuffCo	7:31.14	2024
WOMENS MASTERS I TEAM	Catherine Chow Rosalie Kwai-pun Stephanie Yip	lululemon	10:30.42	2023
MIXED MASTERS I TEAM	Nicholas Forde Cadence Chang Tim Marchant	BuffCo	7:45.61	2024
MENS MASTERS II TEAM	David Woo Ryan Robbie Frank McNamara	AVOHK	7:56.42	2023

CLUB RECORDS – 800m

<i>800M</i>	NAME	CATEGORY	TIME	YEAR	
26	Tern Kaplan	B U-18	2:13.53	2023	
AVOHK	Bradley Chan	M18-35	2:13.02	2024	
	David Woo	M36-49	2:16.24	2023	
	Frank McNamara	M70-79	3:03.51	2024	
	Bradley Chan	MENS MASTERS I TEAM	7:37.61	2024	
	David Woo				
	Frank McNamara				
	David Woo	MENS MASTERS II TEAM	7:56.42	2023	
Ryan Robbie					
Frank McNamara					
BUFFCO	Laurence Hyde	B U-9	3:33.31	2024	
	Henry Russell	B U-12	2:47.76	2021	
	Zoe Quigley	G U-12	3:04.45	2022	
	Ryuto Arai	B U-15	2:17.34	2023	
	Lila Man	G U-15	2:34.01	2019	
	Swiss Duangthip	B U-18	2:00.34	2020	
	Ella Brown	G U-18	2:26.23	2021	
	Sean Hsing-Ming Fontaine	M18-35	1:51.89	2023	
	Cadence Chang	W18-35	2:35.21	2024	
	James Donald	M36-49	2:17.25	2023	
	Zein Williams	W36-49	2:47.34	2023	
	Nicholas Forde	M50-59	2:29.48	2024	
	Yuko Loasby	W50-59	3:28.77	2023	
	Ross MacLean	M60-69	3:18.43	2023	
	Mark Loasby	M70-79	3:52.67	2023	
	Ryuto Arai So Suzuki Chiaki Ohara	BOYS U-15 TEAM	7:13.52	2023	
	Eveline Tobback Cyriane Toucas Zoe Quigley	GIRLS U-15 TEAM	8:56.51	2022	
	Christine Pudwill Nellie Froidevaux Henry Russell	MIXED U-15 TEAM	8:10.73	2021	
	Rafe Man Swiss Duangthip Jiro Loasby	BOYS U-18 TEAM	6:14.68	2021	
	Téa McMahan Caitlin Shoaf Aemilia Rice Mileto	BuffCo	8:14.39	2024	
	Jai Mensforth Tai MacLean Cadence Chang	MIXED U-18 TEAM	7:33.23	2023	
	Mark Russell Swiss Duangthip Rafe Man	MENS TEAM	6:02.64	2020	
	Jiro Loasby Naia Magrath Zein Williams	MIXED TEAM	8:09.76	2023	
	Loz Wong Nicholas Forde Tim Marchant	MENS MASTERS I TEAM	7:31.14	2024	
	CATHAY PACIFIC	Matthew Jack	M36-49	2:11.68	2021

DELIA MEMORIAL SCHOOL BROADWAY (DMS BW)	Limbu Adrian	B U-15	2:18.88	2024	
	Serpai Leena	G U-15	3:51.89	2022	
	Khan Muzammil	B U-18	2:06.62	2022	
	Khan Hadia	G U-18	3:27.52	2022	
	Mohammad Ubayd Ullah	M18-35	2:47.12	2023	
	Mohammed Mahran Limbu Adrian Pumicpic Zherafin	BOYS U-15 TEAM	8:04.84	2024	
	Waheed Ayesha Serpai Leena Sohail Farheen	GIRLS U-15 TEAM	11:46.64	2022	
	Khan Muzzamil Sri Krishna Vaswani RM Sayo	BOYS U-18 TEAM	6:33.74	2022	
	Saghir Menahil Gill Jaspreet Kaur Kaur Prabsharn	GIRLS U-18 TEAM	11:11.24	2022	
	Puneet Sanger Purja Pun Yug Sherpa Leena	MIXED U-18 TEAM	9:45.70	2022	
	Khan Kamran Sri Krishna Awais Chaudhry	MENS TEAM	6:23.01	2021	
	EALING EAGLES	Andy Guy	M36-49	2:13.45	2021
	GONE RUNNERS	Roch Portman	M36-49	2:14.87	2021
	GONE RUNNING JOINT DYNAMICS	Jeff Campbell	M36-49	2:01.12	2021
Katrin Gottschalk		W36-49	2:45.11	2024	
Jono Woodhouse		M50-59	2:22.39	2023	
HONG KONG	Arnaud Mauduit	M36-49	2:18.42	2021	
HONG KONG INT. SCHOOL	Jia Rhee	G U-18	2:23.39	2024	
ICS WARRIORS	Clement Chan	M18-35	2:06.42	2024	
KCIS	George Fu	B U-12	3:26.22	2024	
KIPMOVIN	Matt Carey	M18-35	2:17.56	2023	
LULULEMON	Sean Tang	M18-35	2:27.06	2023	
	Jessica Van Ausdall	W18-35	3:05.71	2023	
	Catherine Chow	W50-59	3:18.66	2023	
	Sean Tang Jessica Van Ausdall Ken Tam	MIXED TEAM	8:46.13	2023	
	Catherine Chow Rosalie Kwai-pun Stephanie Yip	WOMENS MASTERS I TEAM	10:30.42	2023	
MEISOUKAI	Kenji Ueno	M50-59	2:24.15	2022	
NEPAL	Nickson Rai	M18-35	3:21.64	2022	
PUI CHING MIDDLE SCHOOL	Yat Hei Wan	B U-18	2:26.06	2023	
	Junfeng Ou	M18-35	2:25.90	2023	
RUN	Fahad	B U-18	2:15.24	2022	
	Idle	M18-35	2:13.94	2019	
	Ann	W18-35	3:23.27	2021	
	Victor	M36-49	2:19.13	2021	
	Sarah 1	W36-49	3:36.39	2021	
	Fahad Victor	MENS TEAM	7:19.66	2023	

	Mohammed Fahad Selam Sarah 1	MIXED TEAM	10:20.92	2023
	Ann Sarah 1 Khouzaima	WOMENS MASTERS I TEAM	11:29.52	2021
	Claude Sarah 1 Sarah 2	MIXED MASTERS I TEAM	10:36.07	2023
STSS	Chung Ning Shum	G U-15	2:59.45	2023
TEAMSOLO	Bryan Ho Yin Lau	M18-35	2:06.80	2024
TENNIS ASIA	Taivo Stimmer	M36-49	2:11.79	2024
UNATTACHED (NO TEAM)	Hugo Souleyman	B U-12	2:55.72	2021
	Yik Hei Lau	B U-15	2:33.06	2024
	Roch Baczkowski	B U-18	2:38.52	2024
	Khan Kamran	M18-35	1:53.18	2023
	Michelle Kwok	W18-35	2:47.32	2021
	Pavel Toropov	M36-49	2:17.70	2019
	Eszter Csillag	W36-49	2:41.97	2021
	Jan Souleyman	M50-59	2:25.38	2021
WEST ISLAND SCHOOL	Tomos Williams	B U-12	2:48.12	2021
	Olivia Hyde	G U-12	3:33.50	2023
	Jude Lau	B U-15	2:28.24	2023
	Emily Faulkner	G U-15	2:41.40	2023
	Matthew Lok	B U-18	2:18.90	2023
	Ella Snelgrove	G U-18	3:21.48	2023
	Tejas Pande Kenta Hall Tomos Williams	BOYS U-15 TEAM	7:58.79	2021
	Aiden Pun Nica McMahon Benji Williams	MIXED U-15 TEAM	8:40.11	2024
	Christopher Li Marco Lee Max Tai	BOYS U-18 TEAM	7:16.80	2023
	Max Tai Emily Faulkner Christen Lau	MIXED U-18 TEAM	8:06.88	2023