

BUFFCO DISTANCE CARNIVAL

20 November 2021 – 1500m & 5,000m



Thank you for joining our time trial! And a big thank you to those that gifted us the optional entry fee. If you enjoyed the evening and would like to contribute to what we do, you can donate an optional entry fee via PayMe, FPS or transfer. Or cash if we see you at the next one! PayMe: [payme.hk/buffco](https://www.payme.hk/buffco) or FPS: 165662420. More details at: <https://www.buffco.hk/buffco-timetrials>

1500m

<u>HEAT 1</u>	<u>3:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Chan Ho Kwan	Unattached	M18-35	4:17.08
2	Charlie von Burg	BuffCo	B U-15	4:48.89
3	Matthew Yu	BuffCo	B U-18	4:58.40
4	Israel Valcarcel	BuffCo	M36-49	5:01.18
5	Asrya Gobindpuri	BuffCo	G U-18	5:09.43
6	Lee Kai Chun	Unattached	M18-35	5:18.81

<u>HEAT 2</u>	<u>3:10PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Tejas Pande	West Island	B U-15	5:22.46
2	Fahad	RUN	B U-18	5:28.25
3	Lewis Bourquin	BuffCo	M18-35	5:30.20
4	Alex Niemy	BuffCo	B U-18	5:34.43
5	Theo Watts	BuffCo	B U-15	5:35.84
6	Kanna Gaffney	26	G U-12	5:36.43
-	Fabrice	RUN	M36-49	DNS

<u>HEAT 3</u>	<u>3:25PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Kenta Hall	West Island	B U-15	5:31.85
2	Aurelien Toucas	BuffCo	B U-18	5:32.15
3	Tomos Williams	West Island	B U-12	5:40.46
4	Hana Clode	KipMovin	G U-15	5:44.27
5	Jacquelyn Perrin	KipMovin	G U-12	5:46.40
6	Bowen Brouwer	West Island	B U-12	5:47.16
7	Stefano Leone	BuffCo	B U-15	5:48.40
8	Amaya Mantel	KipMovin	G U-15	5:53.35
9	Christine Pudwill	BuffCo	G U-15	6:01.09
10	Eveline Tobback	BuffCo	G U-15	6:09.69
11	Yuko Loasby	BuffCo	W50-59	6:49.66
-	Elisabeth Buck	Unattached	G U-15	DNF

<u>HEAT 4</u>	<u>3:40PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Eamonn Sinnott	KipMovin	M36-49	5:53.45
2	Jethro Tong	KipMovin	B U-15	6:02.30
3	William J. Kennington	Unattached	B U-12	6:48.88
4	Ivy Khositmanit	KipMovin	G U-15	6:55.16
5	Ann	RUN	W18-35	7:01.98
6	Emma Eadon	BuffCo	G U-12	7:17.72
7	Zoe Quigley	BuffCo	G U-12	7:18.29
8	Sarah N	RUN	W36-49	7:43.18
9	Sarah Sarah	RUN	W36-49	7:56.44
10	Ghazi Kaddouh	KipMovin	M70-79	8:10.73
11	Edith Jacquier	West Island	G U-15	8:13.80
13	Khouzaima	RUN	W36-49	8:43.39
-	Carmen Ling Sephton	Unattached	G U-15	DNS

5000m

<u>HEAT 1</u>	<u>4:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Henrique Bastos	RUN Volunteers	B U-18	20:02.01
2	AJ Silbernagl	Unattached	M36-49	20:37.71
3	Fahad	RUN	B U-18	22:15.92
4	Abu	RUN	M36-49	22:16.73
5	Erin Brown	RUN Volunteers	W18-35	22:18.00
6	Jo Chui	BuffCo	W50-59	25:04.84
7	Yuko Loasby	BuffCo	W50-59	25:17.41
8	Cynthia Claytor	BuffCo	W36-49	27:06.56
9	Mark Loasby	BuffCo	M70-79	27:23.57
10	Ghazi Kaddouh	KipMovin	M70-79	29:48.21
11	Leon Nguyen	Unattached	M18-35	28:50.25
12	Viktoriya Buck	Unattached	W50-59	30:41.48
13	Miguel EAC Tan	Unattached	M18-35	31:58.49
-	Laura Leal	Hong Kong International School	G U-15	DNS
-	Giselle Kwong	Unattached	W18-35	DNS

<u>HEAT 2</u>	<u>5:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Ansu	RUN	M18-35	20:21.24
2	Joanna Mockford	Unattached	W18-35	21:23.18
3	Pui Yin Liu	Unattached	M18-35	21:27.60
4	Brice	RUN	M36-49	21:38.98
5	Hay Man Kim	Unattached	W36-49	21:45.57
6	Yuen Suen Wang	Unattached	W36-49	22:03.41
7	Dora Cheung	Trailblazer	W18-35	22:05.26
8	Fahad	RUN	B U-18	22:11.91
9	Erin Brown	RUN Volunteers	W18-35	22:13.00
10	Lewis Bourquin	BuffCo	M18-35	22:41.50
11	David Russell	Unattached	M50-59	22:46.43
12	Eamonn Sinnott	KipMovin	M36-49	23:06.12
-	Zoe Jane Cheng	BuffCo	G U-15	DNF
-	Scott Sachs	Unattached	M36-49	DNS
-	Taryn Marks	Wazup Runners	W18-35	DNS
-	Leanne Claxton	Hong Kong Football Club	W36-49	DNS

<u>HEAT 3</u>	<u>6:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Jean-Baptiste Martenet	Gone Running/Joint Dynamics	M36-49	17:02.78
2	Eszter Csillag	Unattached	W36-49	19:20.20
3	Alex Edwards	Unattached	M18-35	19:31.22
4	Yann Kai Oh	pACe Running	W36-49	19:40.98
5	Sheel Kohli	pACe Running	M50-59	19:53.87
6	Stephanie Pezot	pACe Running	W18-35	20:10.33
7	Stephen Michael	Unattached	M36-49	20:17.66
8	Ryan Davies	BuffCo	B U-15	20:23.03
9	Maya Tobback	West Island	G U-18	20:27.04
10	Ava Singer	BuffCo	G U-18	20:42.41
11	Idle	RUN	M18-35	21:37.92
-	Yared	RUN	M36-49	DNS
-	Bilmakaji Rai	Unattached	M36-49	DNS
-	Ivan Lam	Unattached	M18-35	DNS

<u>HEAT 4</u>	<u>7:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Thibault Morenval	pACe Running	M18-35	17:36.14
2	Yui Hang Fok	Unattached	M18-35	17:50.54
3	Liam Quinn	BuffCo	B U-18	17:58.48
4	Jiro Loasby	BuffCo	B U-18	18:01.30
5	Virginia Lo	Trailblazer	W18-35	18:02.85
6	Chun On Chan	Trailblazer	M18-35	18:11.46
7	Charles Duterte	Unattached	M18-35	18:16.76
8	Jose Bongulto	BuffCo	M18-35	18:17.38
9	Tim Davies	pACe Running	M18-35	18:21.11
10	Picamilh Maxime	pACe Running	M18-35	18:23.34
11	Andy Guy	BuffCo/Ealing Eagles	M36-49	18:25.55
12	Ho Yin Lau	Trailblazer	B U-18	18:38.49
13	Tin Cheuk Chan	Unattached	M18-35	18:39.64
14	Yuen Yu Isaac Li	Trailblazer	M18-35	19:03.21
15	Aman Kumar	BuffCo	M18-35	19:54.29
16	Lee Kai Chun	Unattached	M18-35	21:14.05

<u>HEAT 5</u>	<u>8:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Aaron Hollingshead	Unattached	M36-49	16:38.36
2	Kai Lok Wong	Trailblazer	M18-35	16:49.35
3	Perry Chow	Trailblazer	M18-35	16:52.93
4	Dom Davidson	BuffCo	B U-18	17:04.49
5	Laurent Nguyen	Gone Running/Joint Dynamics	M18-35	17:20.69
6	KC Chan	Unattached	M18-35	17:34.22
7	Ed Gumbley	Gone Runners	M36-49	17:44.82
8	Cheuk Lam	Unattached	M18-35	18:18.86
9	Carson Kwok	Unattached	M18-35	18:42.35
-	Wee Duangthip	BuffCo	B U-18	DNF
-	Godwin Tam	Trailblazer	M18-35	DNF
-	Eduardo V. Merayo	Unattached	M18-35	DNS

TEAM RESULTS - 1500m

<u>RANK</u>	<u>CATEGORY</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMB. AGE</u>	<u>RESULT</u>
	<u>RANK</u>					
1	1	BuffCo	Charlie/Matthew/Israel	MENS	77	14:48.87
2	1	BuffCo	Asrya/Lewis/Aurelien	MIXED U-18	48	16:11.78
3	1	West Island	Tejas/Kenta/Tomos	BOYS U-15	38	16:34.77
4	2	BuffCo	Alex/Theo/Stefano	BOYS U-15	40	16:58.67
5	1	KipMovin	Hana/Jacquelyn/Amaya	GIRLS U-15	37	17:24.02
6	1	KipMovin	Eamonn/Jethro/Ivy	MIXED	61	18:50.91
7	1	BuffCo	Christine/Eveline/Yuko	WOMENS	81	19:00.44
8	2	RUN	Fahad/Ann/Sarah	MIXED	76	20:13.41

<u>RANK</u>	<u>CATEGORY</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMB. AGE</u>	<u>RESULT</u>
	<u>RANK</u>					
1	1	Trailblazer	Kai Lok/Perry/Virginia	MIXED	71	51:45.13
2	1	BuffCo	Dom/Liam/Jiro	BOYS U-18	47	53:04.27
3	1	pACe Running	Thibault/Tim/Maxime	MENS	92	54:20.59
4	2	Trailblazer	Chun On/Ho Yin/Isaac	MENS	62	55:33.16
5	3	BuffCo	Jose/Andy/Aman	MENS	93	56:37.22
6	1	pACe Running	Yann/Sheel/Stephanie	MIXED MASTERS I	122	59:45.18
7	4	RUN	Ansu/Idle/Brice	MENS	97	1:03:38.14
8	1	BuffCo	Ryan/Ava/Lewis	MIXED U-18	47	1:03.46.94
9	2	RUN Volunteers	Henrique/Erin/Erin	MIXED	60	1:04:33.01
10	4	RUN	Fahad/Fahad/Abu	MENS	74	1:06:44.56
11	1	BuffCo	Jo/Yuko/Cynthia	WOMENS MASTERS I	147	1:17:28.81

Team Age Categories

<u>CATEGORY</u>	<u>COMBINED AGE</u>	<u>CATEGORY</u>	<u>COMBINED AGE</u>
U-12	<33	MASTERS I	106-147
U-15	34-42	MASTERS II	148-177
U-18	43-51	MASTERS III	178-207
MENS/WOMENS	52-105	LEGENDS	208+

OVERALL RESULTS – 1500m

<u>RANK</u>	<u>CAT</u>	<u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	1	Chan Ho Kwan	Unattached	M18-35	2003	4:17.08
2	1	1	1	Charlie von Burg	BuffCo	B U-15	2007	4:48.89
3	1	1	1	Matthew Yu	BuffCo	B U-18	2006	4:58.40
4	1	1	1	Israel Valcarcel	BuffCo	M36-49	1973	5:01.18
5	1	1	1	Asrya Gobindpuri	BuffCo	G U-18	2006	5:09.43
6	2	1	1	Lee Kai Chun	Unattached	M18-35	2002	5:18.81
7	2	2	2	Tejas Pande	West Island	B U-15	2007	5:22.46
8	2	2	2	Fahad	RUN	B U-18	2005	5:28.25
9	3	2	2	Lewis Bourquin	BuffCo	M18-35	2003	5:30.20
10	3	3	3	Kenta Hall	West Island	B U-15	2008	5:31.85
11	3	3	3	Aurelien Toucas	BuffCo	B U-18	2006	5:32.15
12	4	0	0	Felix Law	Hong Kong University	M18-35	2003	5:32.19
13	4	2	2	Alex Niemy	BuffCo	B U-18	2006	5:34.43
14	4	2	2	Theo Watts	BuffCo	B U-15	2009	5:35.84
15	1	2	2	Kanna Gaffney	26	G U-12	2009	5:36.43
16	1	3	3	Tomos Williams	West Island	B U-12	2010	5:40.46
17	1	0	0	Kirsty Donovan	Unattached	G U-15	2007	5:43.05
18	2	3	3	Hana Clode	KipMovin	G U-15	2008	5:44.27
19	3	0	0	Nellie Froidevaux	BuffCo	G U-15	2007	5:45.94
20	2	3	3	Jacquelyn Perrin	KipMovin	G U-12	2010	5:46.40
21	2	3	3	Bowen Brouwer	West Island	B U-12	2010	5:47.16
22	5	3	3	Stefano Leone	BuffCo	B U-15	2008	5:48.40
23	4	3	3	Amaya Mantel	KipMovin	G U-15	2008	5:53.35
24	2	4	4	Eamonn Sinnott	KipMovin	M36-49	1984	5:53.45
25	5	3	3	Christine Pudwill	BuffCo	G U-15	2007	6:01.09
26	6	4	4	Jethro Tong	KipMovin	B U-15	2009	6:02.30
27	6	3	3	Eveline Tobback	BuffCo	G U-15	2008	6:09.69
28	7	0	0	Cadman Strid	BuffCo	B U-15	2009	6:32.76
29	3	4	4	William J. Kennington	Unattached	B U-12	2011	6:48.88
30	1	3	3	Yuko Loasby	BuffCo	W50-59	1967	6:49.66
31	7	4	4	Ivy Khositmanit	KipMovin	G U-15	2009	6:55.16
32	1	4	4	Ann	RUN	W18-35	1999	7:01.98
33	8	0	0	Summer Ritcey	BuffCo	G U-15	2008	7:14.72

34	3	4	Emma Eadon	BuffCo	G U-12	2011	7:17.72
35	4	4	Zoe Quigley	BuffCo	G U-12	2011	7:18.29
36	1	4	Sarah N	RUN	W36-49	1983	7:43.18
37	9	0	Mia Rutherford	BuffCo	G U-15	2008	7:50.28
38	2	4	Sarah Sarah	RUN	W36-49	1983	7:56.44
39	1	4	Ghazi Kaddouh	KipMovin	M70-79	1951	8:10.73
40	10	4	Edith Jacquier	West Island	G U-15	2010	8:13.80
41	3	4	Khouzaima	RUN	W36-49	1982	8:43.39
-	-	3	Elisabeth Buck	Unattached	G U-15	2008	DNF
-	-	2	Fabrice	RUN	M36-49	1982	DNS
-	-	4	Carmen Ling Sephton	Unattached	G U-15	2008	DNS

OVERALL RESULTS – 5000m

<u>RANK</u>	<u>CAT</u>	<u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	5	Aaron Hollingshead	Unattached	M36-49	1983	16:38.36	
2	1	5	Kai Lok Wong	Trailblazer	M18-35	1995	16:49.35	
3	2	5	Perry Chow	Trailblazer	M18-35	2000	16:52.93	
4	2	3	Jean-Baptiste Martenet	Gone Running/Joint Dynamics	M36-49	1980	17:02.78	
5	1	5	Dom Davidson	BuffCo	B U-18	2004	17:04.49	
6	3	5	Laurent Nguyen	Gone Running/Joint Dynamics	M18-35	1994	17:20.69	
7	4	5	KC Chan	Unattached	M18-35	1994	17:34.22	
8	5	4	Thibault Morenval	Unattached	M18-35	1989	17:36.14	
9	3	5	Ed Gumbley	Gone Runners	M36-49	1976	17:44.82	
10	6	4	Yui Hang Fok	Unattached	M18-35	1998	17:50.54	
11	2	4	Liam Quinn	BuffCo	B U-18	2006	17:58.48	
12	3	4	Jiro Loasby	BuffCo	B U-18	2006	18:01.30	
13	1	4	Virginia Lo	Trailblazer	W18-35	1997	18:02.85	
14	7	4	Chun On Chan	Trailblazer	M18-35	2000	18:11.46	
15	8	4	Charles Duterte	Unattached	M18-35	1986	18:16.76	
16	9	4	Jose Bongulto	BuffCo	M18-35	1994	18:17.38	
17	10	5	Cheuk Lam	Unattached	M18-35	1997	18:18.86	
18	11	4	Tim Davies	Unattached	M18-35	1991	18:21.11	
19	12	4	Picamilh Maxime	Unattached	M18-35	1991	18:23.34	
20	4	4	Andy Guy	BuffCo/Ealing Eagles	M36-49	1973	18:25.55	

21	4	4	Ho Yin Lau	Trailblazer	B U-18	2005	18:38.49
22	13	4	Tin Cheuk Chan	Unattached	M18-35	1999	18:39.64
23	14	5	Carson Kwok	Unattached	M18-35		18:42.35
24	15	4	Yuen Yu Isaac Li	Trailblazer	M18-35	1996	19:03.21
25	1	3	Eszter Csillag	Unattached	W36-49	1985	19:20.20
26	16	3	Alex Edwards	Unattached	M18-35	1988	19:31.22
27	2	3	Yann Kai Oh	Unattached	W36-49	1984	19:40.98
28	1	0	Anthony Chui	BuffCo	M50-59	1964	19:52.39
29	2	3	Sheel Kohli	Unattached	M50-59	1968	19:53.87
30	17	4	Aman Kumar	BuffCo	M18-35	2003	19:54.29
31	5	1	Henrique Bastos	RUN Volunteers	B U-18	2005	20:02.01
32	2	3	Stephanie Pezot	Pace Running	W18-35	1989	20:10.33
33	5	3	Stephen Michael	Unattached	M36-49	1978	20:17.66
34	18	2	Ansu	RUN	M18-35	1988	20:21.24
35	1	3	Ryan Davies	BuffCo	B U-15	2007	20:23.03
36	1	3	Maya Tobback	West Island	G U-18	2005	20:27.04
37	6	1	AJ Silbernagl	Unattached	M36-49	1972	20:37.71
38	2	3	Ava Singer	BuffCo	G U-18	2006	20:42.41
39	19	4	Lee Kai Chun	Unattached	M18-35	2002	21:14.05
40	20	3	Idle	RUN	M18-35	1997	21:37.92
41	3	2	Joanna Mockford	Unattached	W18-35	1992	21:23.18
42	21	2	Pui Yin Liu	Unattached	M18-35	2000	21:27.60
43	7	2	Brice	RUN	M36-49	1981	21:38.98
44	3	2	Hay Man Kim	Unattached	W36-49	1981	21:45.57
45	4	2	Yuen Suen Wang	Unattached	W36-49	1982	22:03.41
46	4	2	Dora Cheung	Trailblazer	W18-35	2001	22:05.26
47	6	2	Fahad	RUN	B U-18	2005	22:11.91
48	5	2	Erin Brown	RUN Volunteers	W18-35	1999	22:13.00
49	8	1	Abu	RUN	M36-49	1979	22:16.73
50	22	2	Lewis Bourquin	BuffCo	M18-35	2003	22:41.50
51	2	2	David Russell	Unattached	M50-59	1967	22:46.43
52	9	2	Eamonn Sinnott	KipMovin	M36-49	1984	23:06.12
53	1	1	Jo Chui	BuffCo	W50-59	1965	25:04.84
54	2	1	Yuko Loasby	BuffCo	W50-59	1967	25:17.41
55	5	1	Cynthia Claytor	BuffCo	W36-49	1984	27:06.56
56	1	1	Mark Loasby	BuffCo	M70-79	1950	27:23.57
57	2	1	Ghazi Kaddouh	KipMovin	M70-79	1951	29:48.21

58	23	1	Leon Nguyen	Unattached	M18-35	1996	28:50.25
59	3	1	Viktoriya Buck	Unattached	W50-59	1971	30:41.48
60	24	1	Miguel EAC Tan	Unattached	M18-35	1989	31:58.49
-	-	3	Zoe Jane Cheng	BuffCo	G U-15	2008	DNF
-	-	5	Wee Duangthip	BuffCo	B U-18	2004	DNF
-	-	5	Godwin Tam	Trailblazer	M18-35	2001	DNF
-	-	1	Laura Leal	HKIS	G U-15	2007	DNS
-	-	1	Giselle Kwong	Unattached	W18-35	1993	DNS
-	-	2	Scott Sachs	Unattached	M36-49	1981	DNS
-	-	2	Taryn Marks	Wazup Runners	W18-35	1986	DNS
-	-	2	Leanne Claxton	Hong Kong Football Club	W36-49	1983	DNS
-	-	3	Yared	RUN	M36-49		DNS
-	-	3	Bilmakaji Rai	Unattached	M36-49	1983	DNS
-	-	3	Ivan Lam	Unattached	M18-35	1990	DNS
-	-	5	Eduardo V. Merayo	Unattached	M18-35	1987	DNS