

BUFFCO DISTANCE CARNIVAL 17/12/22



THANK YOU!

A big thank you to all of you came and ran in our latest time trials. Below is a full breakdown of records, heat results, team results, overall results, and age/gender category results as well.

We do keep stats and records, so we'd like to recognise and congratulate the following BuffCo Time Trials records that were set or broken at last weekend's trials!

10,000m Meet Records (Individual)

Mens Meet Record. **Rafe Man (BuffCo) – 33:41.89**
Girls U-15s Record. **Zoe Cheng (BuffCo) – 49:52.64**
Boys U-18s Record. **Jiro Loasby (BuffCo) – 35:11.96**
Womens 18-35 Record. **Erin Brown (RUN Staff/Volunteers) – 40:17.02**
Womens 50-59 Record. **Yuko Loasby (BuffCo) – 51:33.46**
Mens 60-69 Record. **Isao Sugawara (Meisoukai) – 40:50.71**

10,000m Club Records (Individual)

Gone Runners Record. **Creighton Connolly – 35:20.64**
AVOHK Record. **David Woo – 35:43.97**
Meisoukai Record. **Yasuhiro Watanabe – 36:21.44**
RMAC Record. **Chun Chi Charles Lo – 36:40.33**
Watsons Record. **Sean Liu – 39:51.07**
RUN Staff/Volunteers Record. **James Owens – 40:14.09**
Ealing Southall & Middlesex Record. **Midnight Adams – 44:39.03**
BuffCo Boys U-15s Record. **Tai MacLean – 42:34.79**
BuffCo Mens 36-49 Record. **Vincent Chu – 40:07.49**
BuffCo Womens 36-49 Record. **Ranee Wong – 41:38.34**
RUN Staff/Volunteers Boys U-18s Record. **Henrique Bastos – 40:35.80**
Trailblazer Mens 36-49 Record. **Chi Sang Cheuk – 42:53.12**

10,000m Meet Records (Team)

Mens Record. **Rafe Man, Jiro Loasby, Vincent Chu (BuffCo) – 1:49:01.34**
Mixed Record. **James Owens, Erin Brown, Henrique Bastos (RUN Staff/Volunteers) – 2:01:06.91**
Mixed U-18s Record. **Maya Tobback, Nicholas Ng, Nellie Froidevaux (BuffCo) – 2:22:56.82**

10,000m Club Records (Team)

BuffCo Mixed Record. **Noah Hui, Ranee Wong, Tai MacLean – 2:05:42.14**

1500m Meet Records (Individual)

Girls U-9s Record. **Mila Mahbubani (Unattached) – 8:44.34**
Mens 70-79 Record. **Mark Loasby (BuffCo) – 7:22.57**

1500m Club Records (Individual)

LJRC Record. **Chun Ming Siu – 4:44.63**
Hong Kong Int. School Mens Record. **Jiaqi Chen – 5:20.63**
Hong Kong Int. School Womens Record. **Jiayan Chen – 5:20.40**
RUN Boys U-18s Record. **Fahad – 5:07.44**
RUN Mens 18-35 Record. **Mohammed – 5:30.23**
West Island Boys U-15s Record. **Ethan Kao – 5:20.79**
BuffCo Girls U-12s Record. **Zoe Quigley – 6:37.15**

1500m Meet Records (Team)

Mixed U-15s Record. **Ilias Tobback, Eveline Tobback, Kirsty Donovan (BuffCo) – 18:04.92**

Mixed U-18s Record. **Tor Man, Ryan Davies, Asrya Gobindpuri (BuffCo) – 16:00.84**

1500m Club Records (Team)

West Island Record. **Ethan Kao, Jude Lau, Marco Lee – 16:19.35**

BuffCo Mixed Record. **Zoe Quigley, Mark Loasby, Thomas Wang – 21:27.04**

10,000m HEATS

<u>HEAT</u>	<u>TIME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
HEAT 4	8:00AM			
1	Nicholas Ng	BuffCo	B U-18	48:52.37
2	Nellie Froidevaux	BuffCo	G U-18	49:39.98
3	Zoe Cheng	BuffCo	G U-15	49:52.64
4	Sean Hsing-Ming Fontaine	BuffCo	M18-35	50:00.29
5	Yuko Loasby	BuffCo	W50-59	51:33.46
6	Ross MacLean	Unattached	M60-69	53:16.98
HEAT 3	9:10AM			
1	Eszter Csillag	GR/JD	W36-49	40:47.09
2	Noah Hui	BuffCo	M18-35	41:29.01
3	Nicholas Forde	Unattached	M36-49	42:43.55
4	Lik Hang Yun	Unattached	M18-35	45:01.15
5	Megan Sterling	BuffCo	W36-49	45:10.66
6	Jason Wong	Unattached	M18-35	46:23.10
-	Ka Yan Cheng	Unattached	W18-35	DNS
HEAT 2	10:10AM			
1	Ka Wai Gary Mok	Unattached	M18-35	39:48.12
2	Sean Liu	Watsons	M18-35	39:51.07
3	Vincent Chu	BuffCo	M36-49	40:07.49
4	James Owens	RUN Staff/Vols	M18-35	40:14.09
5	Erin Brown	RUN Staff/Vols	W18-35	40:17.02
6	Henrique Bastos	RUN Staff/Vols	B U-18	40:35.80
7	Isao Sugawara	Meisoukai	M60-69	40:50.71
8	Ranee Wong	BuffCo	W36-49	41:38.34
9	Tai MacLean	BuffCo	B U-15	42:34.79
10	Chi Sang Cheuk	Trailblazer	M36-49	42:53.12
11	Maya Tobback	BuffCo	G U-18	44:24.47
12	Midnight Adams	Ealing S&M	W18-35	44:39.03
-	Wai Hung Kwok	Trailblazer	M36-49	DNS
HEAT 1	11:00AM			
1	Rafe Man	BuffCo	M18-35	33:41.89
2	Jiro Loasby	BuffCo	B U-18	35:11.96
3	Creighton Connolly	Gone Runners	M18-35	35:20.64
4	John Ray Onifa	Unattached	M18-35	35:41.94
5	David Woo	AVOHK	M36-49	35:43.97
6	KC Chan	Unattached	M18-35	35:51.97
7	Tin Cheuk Chan	Unattached	M18-35	36:16.23
8	Yasuhiro Watanabe	Meisoukai	M36-49	36:21.44
9	Chun Chi Charles Lo	RMAC	M36-49	36:40.33
10	Thibault Morenval	pACe running	M18-35	36:56.26
-	Carosn Kwok	RMAC	M18-35	DNF
-	Nelson Chan	Unattached	M36-49	DNF
-	KK Yam	Aberdeen	M36-49	DNF
-	Louis Cheung	Unattached	M18-35	DNF
-	Chan Ho Kwan	Unattached	M18-35	DNS
-	Yeung Wai Wai	Unattached	M18-35	DNS

1500m HEATS

<u>HEAT 5</u>	<u>12:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Lik Hang Yun	Unattached	M18-35	5:58.47
2	Jasmine Poon	West Island	G U-15	6:32.02
3	Rochelle Ng	West Island	G U-15	6:35.64
4	Zoe Quigley	BuffCo	G U-12	6:37.15
5	Ella Snelgrove	West Island	G U-15	6:42.13
6	Mark Loasby	BuffCo	M70-79	7:22.57
7	Thomas Wang	BuffCo	B U-12	7:27.32
8	Sarah 1	RUN	W36-49	8:19.72
9	Mila Mahbubani	Unattached	G U-9	8:44.34
10	Khouzaima	RUN	W36-49	9:00.46

<u>HEAT 4</u>	<u>12:10PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Jiayan Chen	HKIS	G U-15	5:20.40
2	Jiaqi Chen	HKIS	M18-35	5:20.63
3	Christen Lau	West Island	B U-15	5:38.82
4	David Russell	Unattached	M50-59	6:05.39
5	Chenchen Gao	West Island	B U-15	6:09.09
6	Abigal Luk	BuffCo	G U-18	6:35.68

<u>HEAT 3</u>	<u>12:20pm</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Marco Lee	West Island	B U-15	5:37.26
2	Oliver Snelgrove	West Island	B U-18	5:37.67
3	Rihito Tachikawa	BuffCo	B U-15	5:39.59
4	Junfeng Ou	Pui Ching MS	B U-18	5:55.16
5	Ilias Tobback	BuffCo	B U-15	5:59.08
6	Eveline Tobback	BuffCo	G U-15	5:59.87
7	Colin Singson	West Island	B U-18	6:05.34
8	Charlotte Work	BuffCo	G U-18	6:12.87
9	Lewis Bourquin	BuffCo	M18-35	6:20.68
-	Kushagr Shekhawat	West Island	B U-18	DNS

<u>HEAT 2</u>	<u>12:30pm</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Matthew Yu	BuffCo	B U-18	5:02.69
2	Fahad	RUN/BuffCo	B U-18	5:07.44
3	Tor Man	BuffCo	B U-15	5:18.11
4	Ryan Davies	BuffCo	B U-18	5:19.54
5	Ethan Kao	West Island	B U-15	5:20.79
6	Jude Lau	West Island	B U-15	5:21.30
7	Asrya Gobindpuri	BuffCo	G U-18	5:23.19
8	Nicholas Forde	Unattached	M36-49	5:25.87
9	Mohammed	RUN/BuffCo	M18-35	5:30.23
10	Henry Russell	BuffCo	B U-15	5:36.04
11	Kirsty Donovan	BuffCo	G U-18	6:05.97
-	Alex Niemy	BuffCo	B U-18	DNS
-	Victor	RUN	M36-49	DNS

<u>HEAT 1</u>	<u>12:40PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Sean Hsing-Ming Fontaine	BuffCo	M18-35	4:29.61
2	Aston Chan	BuffCo	M18-35	4:36.41
3	Charlie von Burg	BuffCo	B U-18	4:41.67
4	Chun Ming Siu	LJRC	M36-49	4:44.63
5	Wee Duangthip	BuffCo	M18-35	4:55.18
-	Khan Muzammil	DMS BW	B U-18	DNS
-	Ali Haider	DMS BW	B U-18	DNS
-	Mohammad Mujahid	DMS BW	B U-18	DNS

TEAM CATEGORY

3 runner's times will be added up. No max number of runners or teams per club.

TEAM CATEGORY	COMBINED AGE	TEAM CATEGORY	COMBINED AGE
U-12	<33	MASTERS I	106-147
U-15	34-42	MASTERS II	148-177
U-18	43-51	MASTERS III	178-207
MENS/WOMENS	52-105	LEGENDS	208+

10,000m TEAM RESULTS

<u>RANK</u>	<u>CAT.</u> <u>RANK</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMBINED</u> <u>AGE</u>	<u>RESULT</u>
1	1	BuffCo	Rafe, Jiro, Vincent	MENS	77	1:49:01.34
2	1	RUN St/Vo	James, Erin, Henrique	MIXED	72	2:01:06.91
3	2	BuffCo	Noah, Ranee, Tai	MIXED	84	2:05:42.14
4	1	BuffCo	Maya, Nicholas, Nellie	MIXED U-18	47	2:22:56.82
5	3	BuffCo	Zoe, Sean, Yuko	MIXED	93	2:31:26.39

1500m TEAM RESULTS

<u>RANK</u>	<u>CAT.</u> <u>RANK</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMBINED</u> <u>AGE</u>	<u>RESULT</u>
1	1	BuffCo	Sean, Aston, Charlie	MENS	58	13:47.69
2	1	BuffCo	Wee, Matthew, Fahad	BOYS U-18	51	15:05.31
3	1	BuffCo	Tor, Ryan, Asrya	MIXED U-18	45	16:00.84
4	1	West Island	Ethan, Jude, Marco	BOYS U-15	41	16:19.35
5	2	BuffCo	Mohammed, Henry, Rihito	BOYS U-18	46	16:45.86
6	3	West Island	Oliver, Christen, Colin	BOYS U-18	48	17:21.83
7	1	BuffCo	Ilias, Eveline, Kirsty	MIXED U-15	41	18:04.92
8	2	BuffCo	Charlotte, Lewis, Abigal	MIXED U-18	51	19:09.23
9	2	West Island	Chenchen, Jasmine, Rochelle	MIXED U-15	38	19:16.75
10	1	BuffCo	Zoe, Mark, Thomas	MIXED	93	21:27.04

OVERALL RESULTS - 10,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	Rafe Man	BuffCo	M18-35	2003	33:41.89
2	1	1	Jiro Loasby	BuffCo	B U-18	2006	35:11.96
3	2	1	Creighton Connolly	Gone Runners	M18-35	1988	35:20.64
4	3	1	John Ray Onifa	Unattached	M18-35	1991	35:41.94
5	1	1	David Woo	AVOHK	M36-49	1981	35:43.97
6	4	1	KC Chan	Unattached	M18-35	1994	35:51.97
7	5	1	Tin Cheuk Chan	Unattached	M18-35	1999	36:16.23
8	2	1	Yasuhiro Watanabe	Meisoukai	M36-49	1975	36:21.44
9	3	1	Chun Chi Charles Lo	RMAC	M36-49	1984	36:40.33
10	6	1	Thibault Morenval	pAcE running	M18-35	1989	36:56.26
11	7	2	Ka Wai Gary Mok	Unattached	M18-35	1987	39:48.12
12	8	2	Sean Liu	Watsons	M18-35	1999	39:51.07
13	4	2	Vincent Chu	BuffCo	M36-49	1980	40:07.49
14	9	2	James Owens	RUN Staff/Vol	M18-35	1990	40:14.09
15	1	2	Erin Brown	RUN Staff/Vol	W18-35	1999	40:17.02
16	2	2	Henrique Bastos	RUN Staff/Vol	B U-18	2005	40:35.80
17	1	3	Eszter Csillag	GR/JD	W36-49	1985	40:47.09
18	1	2	Isao Sugawara	Meisoukai	M60-69	1960	40:50.71
19	10	3	Noah Hui	BuffCo	M18-35	1988	41:29.01
20	2	2	Ranee Wong	BuffCo	W36-49	1986	41:38.34

21	1	2	Tai MacLean	BuffCo	B U-15	2008	42:34.79
22	5	3	Nicholas Forde	Unattached	M36-49	1974	42:43.55
23	6	2	Chi Sang Cheuk	Trailblazer	M36-49	1977	42:53.12
24	1	2	Maya Tobback	BuffCo	G U-18	2005	44:24.47
25	2	2	Midnight Adams	Ealing S&M	W18-35	2003	44:39.03
26	11	3	Lik Hang Yun	Unattached	M18-35	1996	45:01.15
27	3	3	Megan Sterling	BuffCo	W36-49	1974	45:10.66
28	12	3	Jason Wong	Unattached	M18-35	1992	46:23.10
29	3	4	Nicholas Ng	BuffCo	B U-18	2007	48:52.37
30	2	4	Nellie Froidevaux	BuffCo	G U-18	2007	49:39.98
31	1	4	Zoe Cheng	BuffCo	G U-15	2008	49:52.64
32	13	4	Sean Hsing-Ming Fontaine	BuffCo	M18-35	1998	50:00.29
33	1	4	Yuko Loasby	BuffCo	W50-59	1967	51:33.46
34	2	4	Ross MacLean	Unattached	M60-69	1956	53:16.98
-	-	1	Carosn Kwok	RMAC	M18-35	1993	DNF
-	-	1	Nelson Chan	Unattached	M36-49	1983	DNF
-	-	1	KK Yam	Aberdeen	M36-49	1986	DNF
-	-	1	Louis Cheung	Unattached	M18-35	1993	DNF
-	-	3	Ka Yan Cheng	Unattached	W18-35	1995	DNS
-	-	2	Wai Hung Kwok	Trailblazer	M36-49	1975	DNS
-	-	1	Chan Ho Kwan	Unattached	M18-35	2003	DNS
-	-	1	Yeung Wai Wai	Unattached	M18-35	1996	DNS

WOMENS RESULTS - 10,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	2	Erin Brown	RUN Staff/Vol	W18-35	1999	40:17.02
2	1	3	Eszter Csillag	GR/JD	W36-49	1985	40:47.09
3	2	2	Ranee Wong	BuffCo	W36-49	1986	41:38.34
4	1	2	Maya Tobback	BuffCo	G U-18	2005	44:24.47
5	2	2	Midnight Adams	Ealing S&M	W18-35	2003	44:39.03
6	3	3	Megan Sterling	BuffCo	W36-49	1974	45:10.66
7	2	4	Nellie Froidevaux	BuffCo	G U-18	2007	49:39.98
8	1	4	Zoe Cheng	BuffCo	G U-15	2008	49:52.64
9	1	4	Yuko Loasby	BuffCo	W50-59	1967	51:33.46
-	-	3	Ka Yan Cheng	Unattached	W18-35	1995	DNS

JUNIOR RESULTS - 10,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	Jiro Loasby	BuffCo	B U-18	2006	35:11.96
2	2	2	Henrique Bastos	RUN Staff/Vol	B U-18	2005	40:35.80
3	1	2	Tai MacLean	BuffCo	B U-15	2008	42:34.79
4	1	2	Maya Tobback	BuffCo	G U-18	2005	44:24.47
5	3	4	Nicholas Ng	BuffCo	B U-18	2007	48:52.37
6	2	4	Nellie Froidevaux	BuffCo	G U-18	2007	49:39.98
7	1	4	Zoe Cheng	BuffCo	G U-15	2008	49:52.64

MASTERS RESULTS - 10,000m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	David Woo	AVOHK	M36-49	1981	35:43.97
2	2	1	Yasuhiro Watanabe	Meisoukai	M36-49	1975	36:21.44
3	3	1	Chun Chi Charles Lo	RMAC	M36-49	1984	36:40.33
4	4	2	Vincent Chu	BuffCo	M36-49	1980	40:07.49
5	1	3	Eszter Csillag	GR/JD	W36-49	1985	40:47.09

6	1	2	Isao Sugawara	Meisoukai	M60-69	1960	40:50.71
7	2	2	Ranee Wong	BuffCo	W36-49	1986	41:38.34
8	5	3	Nicholas Forde	Unattached	M36-49	1974	42:43.55
9	6	2	Chi Sang Cheuk	Trailblazer	M36-49	1977	42:53.12
10	3	3	Megan Sterling	BuffCo	W36-49	1974	45:10.66
11	1	4	Yuko Loasby	BuffCo	W50-59	1967	51:33.46
12	2	4	Ross MacLean	Unattached	M60-69	1956	53:16.98
-	-	1	Nelson Chan	Unattached	M36-49	1983	DNF
-	-	1	KK Yam	Aberdeen	M36-49	1986	DNF
-	-	2	Wai Hung Kwok	Trailblazer	M36-49	1975	DNS

OVERALL RESULTS - 1500m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	Sean Hsing-Ming Fontaine	BuffCo	M18-35	1998	4:29.61
2	2	1	Aston Chan	BuffCo	M18-35	2003	4:36.41
3	1	1	Charlie von Burg	BuffCo	B U-18	2007	4:41.67
4	1	1	Chun Ming Siu	LJRC	M36-49	1985	4:44.63
5	3	1	Wee Duangthip	BuffCo	M18-35	2004	4:55.18
6	2	2	Matthew Yu	BuffCo	B U-18	2006	5:02.69
7	3	2	Fahad	RUN/BuffCo	B U-18	2005	5:07.44
8	1	2	Tor Man	BuffCo	B U-15	2008	5:18.11
9	4	2	Ryan Davies	BuffCo	B U-18	2007	5:19.54
10	1	4	Jiayan Chen	HKIS	G U-15	2010	5:20.40
11	4	4	Jiaqi Chen	HKIS	M18-35	1996	5:20.63
12	2	2	Ethan Kao	West Island	B U-15	2008	5:20.79
13	3	2	Jude Lau	West Island	B U-15	2009	5:21.30
14	1	2	Asrya Gobindpuri	BuffCo	G U-18	2006	5:23.19
15	2	2	Nicholas Forde	Unattached	M36-49	1974	5:25.87
16	5	2	Mohammed	RUN/BuffCo	M18-35	2001	5:30.23
17	4	2	Henry Russell	BuffCo	B U-15	2010	5:36.04
18	5	3	Marco Lee	West Island	B U-15	2008	5:37.26
19	5	3	Oliver Snelgrove	West Island	B U-18	2005	5:37.67
20	6	4	Christen Lau	West Island	B U-15	2008	5:38.82
21	7	3	Rihito Tachikawa	BuffCo	B U-15	2009	5:39.59
22	6	3	Junfeng Ou	Pui Ching MS	B U-18	2005	5:55.16
23	6	5	Lik Hang Yun	Unattached	M18-35	1996	5:58.47
24	8	3	Ilias Tobback	BuffCo	B U-15	2010	5:59.08
25	2	3	Eveline Tobback	BuffCo	G U-15	2008	5:59.87
26	7	3	Colin Singson	West Island	B U-18	2005	6:05.34
27	2	2	Kirsty Donovan	BuffCo	G U-18	2007	6:05.97
28	1	4	David Russell	Unattached	M50-59	1967	6:05.39
29	9	4	Chenchen Gao	West Island	B U-15	2010	6:09.09
30	3	3	Charlotte Work	BuffCo	G U-18	2006	6:12.87
31	7	3	Lewis Bourquin	BuffCo	M18-35	2003	6:20.68
32	3	5	Jasmine Poon	West Island	G U-15	2009	6:32.02
33	4	4	Abigal Luk	BuffCo	G U-18	2006	6:35.68
34	4	5	Rochelle Ng	West Island	G U-15	2009	6:35.64
35	1	5	Zoe Quigley	BuffCo	G U-12	2011	6:37.15
36	5	5	Ella Snelgrove	West Island	G U-15	2008	6:42.13
37	1	5	Mark Loasby	BuffCo	M70-79	1950	7:22.57
38	1	5	Thomas Wang	BuffCo	B U-12	2012	7:27.32
39	1	5	Sarah 1	RUN	W36-49	1983	8:19.72
40	1	5	Mila Mahbubani	Unattached	G U-9	2015	8:44.34
41	2	5	Khouzaima	RUN	W36-49	1983	9:00.46
-	-	1	Khan Muzammil	DMS BW	B U-18	2005	DNS

-	-	1	Ali Haider	DMS BW	B U-18	2005	DNS
-	-	1	Mohammad Mujahid	DMS BW	B U-18	2007	DNS
-	-	2	Alex Niemy	BuffCo	B U-18	2006	DNS
-	-	2	Victor	RUN	M36-49	1982	DNS
-	-	3	Kushagr Shekhawat	West Island	B U-18	2006	DNS

WOMENS RESULTS - 1500m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	4	Jiayan Chen	HKIS	G U-15	2010	5:20.40
2	1	2	Asrya Gobindpuri	BuffCo	G U-18	2006	5:23.19
3	2	3	Eveline Tobback	BuffCo	G U-15	2008	5:59.87
4	2	2	Kirsty Donovan	BuffCo	G U-18	2007	6:05.97
5	3	3	Charlotte Work	BuffCo	G U-18	2006	6:12.87
6	3	5	Jasmine Poon	West Island	G U-15	2009	6:32.02
7	4	4	Abigal Luk	BuffCo	G U-18	2006	6:35.68
8	4	5	Rochelle Ng	West Island	G U-15	2009	6:35.64
9	1	5	Zoe Quigley	BuffCo	G U-12	2011	6:37.15
10	5	5	Ella Snelgrove	West Island	G U-15	2008	6:42.13
11	1	5	Sarah 1	RUN	W36-49	1983	8:19.72
12	1	5	Mila Mahbubani	Unattached	G U-9	2015	8:44.34
13	2	5	Khouzaima	RUN	W36-49	1983	9:00.46

BOYS JUNIOR RESULTS - 1500m

<u>RANK</u>	<u>CAT</u> <u>RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	1	Charlie von Burg	BuffCo	B U-18	2007	4:41.67
2	2	2	Matthew Yu	BuffCo	B U-18	2006	5:02.69
3	3	2	Fahad	RUN/BuffCo	B U-18	2005	5:07.44
4	1	2	Tor Man	BuffCo	B U-15	2008	5:18.11
5	4	2	Ryan Davies	BuffCo	B U-18	2007	5:19.54
6	2	2	Ethan Kao	West Island	B U-15	2008	5:20.79
7	3	2	Jude Lau	West Island	B U-15	2009	5:21.30
8	4	2	Henry Russell	BuffCo	B U-15	2010	5:36.04
9	5	3	Marco Lee	West Island	B U-15	2008	5:37.26
10	5	3	Oliver Snelgrove	West Island	B U-18	2005	5:37.67
11	6	4	Christen Lau	West Island	B U-15	2008	5:38.82
12	7	3	Rihito Tachikawa	BuffCo	B U-15	2009	5:39.59
13	6	3	Junfeng Ou	Pui Ching MS	B U-18	2005	5:55.16
14	8	3	Ilias Tobback	BuffCo	B U-15	2010	5:59.08
15	7	3	Colin Singson	West Island	B U-18	2005	6:05.34
16	9	4	Chenchen Gao	West Island	B U-15	2010	6:09.09
17	1	5	Thomas Wang	BuffCo	B U-12	2012	7:27.32
-	-	1	Khan Muzammil	DMS BW	B U-18	2005	DNS
-	-	1	Ali Haider	DMS BW	B U-18	2005	DNS
-	-	1	Mohammad Mujahid	DMS BW	B U-18	2007	DNS
-	-	2	Alex Niemy	BuffCo	B U-18	2006	DNS
-	-	3	Kushagr Shekhawat	West Island	B U-18	2006	DNS

MEET RECORDS 10,000M	NAME	CLUB	TIME	YEAR
BOYS U-15	Josh Lee	UCCKE	41:47.29	2021
GIRLS U-15	Zoe Cheng	BuffCo	49:52.64	2022
BOYS U-18	Jiro Loasby	BuffCo	35:11.96	2022
GIRLS U-18	Maya Tobback	BuffCo	44:24.47	2022
MENS 18-35	Rafe Man	BuffCo	33:41.89	2022
WOMENS 18-35	Erin Brown	RUN Staff/Vol	40:17.02	2022
MENS 36-49	Masashi Shirotake	GR/JD	34:19.48	2021
WOMENS 36-49	Caitriona Jennings	GR/JD	36:51.90	2021
MENS 50-59	Daniel Brown	Unattached	40:57.37	2021
WOMENS 50-59	Yuko Loasby	BuffCo	51:33.46	2022
MENS 60-69	Isao Sugawara	Meisoukai	40:50.71	2022
MENS 70-79	Mark Loasby	BuffCo	56:07.78	2021
MIXED U-18 TEAM	Maya Tobback Nicholas Ng Nellie Froidevaux	BuffCo	2:22:56.82	2022
MENS TEAM	Rafe Man Jiro Loasby Vincent Chu	BuffCo	1:49:01.34	2022
MIXED TEAM	James Owens Erin Brown Henrique Bastos	RUN Staff/Vol	2:01:06.91	2022
MENS MASTERS I TEAM	Masashi Shirotake George Gaffney Ed Gumbley	GR/JD	1:45:19.85	2021
MIXED MASTERS I TEAM	Jean-Baptiste Martenet Caitriona Jennings Masashi Shirotake	GR/JD	1:52:08.32	2021

MEET RECORDS 1500M	NAME	CLUB	TIME	YEAR
GIRLS U-9	Mila Mahbubani	Unattached	8:44.34	2022
BOYS U-12	Tor Man	BuffCo	5:29.10	2019
GIRLS U-12	Jacquelyn Perrin	KipMovin	5:46.40	2021
BOYS U-15	Charlie von Burg	BuffCo	4:48.89	2021
GIRLS U-15	Lila Man	BuffCo	5:19.20	2019
BOYS U-18	Jabez Siu	BuffCo	4:12.21	2020
GIRLS U-18	Ella Brown	BuffCo	4:53.33	2021
MENS 18-35	Khan Kamran	Unattached	4:01.58	2022
WOMENS 18-35	Kara Casey	BuffCo	5:48.71	2020
MENS 36-49	Jeff Campbell	GR/JD	4:08.40	2021
WOMENS 36-49	Sarah 1	RUN	7:43.18	2021
MENS 50-59	Mark Reeves	Unattached	5:04.27	2019
WOMENS 50-59	Yuko Loasby	BuffCo	6:45.19	2021
MENS 70-79	Mark Loasby	West Island	7:22.57	2022
BOYS U-15 TEAM	Jiro Loasby Giorgio Guerra Theo Mag	BuffCo	14:40.07	2019
GIRLS U-15 TEAM	Hana Clode Jacquelyn Perrin Amaya Mantel	KipMovin	17:24.02	2022
MIXED U-15 TEAM	Ilias Tobback Eveline Tobback Kirsty Donovan	BuffCo	18:04.92	2022

BOYS U-18 TEAM	Mark Russell Rafe Man Swiss Duangthip	BuffCo	12:48.04	2019
GIRLS U-18 TEAM	Maya Tobback Asrya Gobindpuri Eveline Tobback	BuffCo	16:22.08	2022
MIXED U-18 TEAM	Tor Man Ryan Davies Asrya GObindouri	BuffCo	16:00.84	2022
MENS TEAM	Sean Hsing-Ming Fontaine Thomas Macalister-Smith Israel Valcarcel	BuffCo	14:10.49	2022
WOMENS TEAM	Ella Brown Madi Brown Yuko Loasby	BuffCo	17:23.05	2021
MIXED TEAM	Eamonn Sinnott Jethro Tong Ivy Khositmanit	KipMovin	18:50.91	2021
MENS MASTERS I TEAM	Andrea Cloarec Jeff Campbell Jean-Baptiste Martenet	GR/JD	12:46.94	2021