

BUFFCO DISTANCE CARNIVAL

18 December 2021 – 800m & 10,000m



Thank you for joining our time trial! And a big thank you to those that gifted us the optional entry fee. If you enjoyed the event and would like to contribute to what we do, you can donate an optional entry fee via PayMe, FPS or transfer. Or cash if we see you at the next one! PayMe: [payme.hk/buffco](https://www.payme.hk/buffco) or FPS: 165662420. More details at: <https://www.buffco.hk/buffco-timetrials>

10,000m

<u>HEAT 1</u>	<u>7:30AM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Jean-Baptiste Martenet	Gone Running/Joint Dynamics	M36-49	36:49.86
2	Bashant Angbuhang	BuffCo	M18-35	45:07.26
3	David Russell	Unattached	M50-59	49:08.65
4	Annie Li	Trailblazer	W36-49	49:50.25
5	Zoe Jane Cheng	BuffCo	G U-15	50:01.48
6	Jo Chui	BuffCo	W50-59	53:24.68
7	Noah Hui	BuffCo	M18-35	53:24.95
8	Cynthia Claytor	BuffCo	W36-49	55:20.82
9	Mark Loasby	BuffCo	M70-79	56:07.78
10	Thuha Tran	Unattached	W36-49	56:22.40
-	Amanda Parazzi	BuffCo	W36-49	DNS
-	Neil Sadarangani	Unattached	M18-36	DNS
-	Mario Giangrande	Unattached	M36-49	DNS

<u>HEAT 2</u>	<u>8:40AM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Eszter Csillag	Unattached	W36-49	40:23.51
2	Jesse Sung	Unattached	M36-49	41:11.32
3	Anthony Chui	BuffCo	M50-59	41:14.95
4	Colm Rafferty	pACe running	M36-49	41:18.86
5	Stephanie Pezot	pACe running	W18-35	41:26.45
6	Josh Lee	UCCKE	B U-15	41:47.29
7	Ivan Lam	pACe running	M18-35	41:48.46
8	Tim Vandecasteele	BuffCo	M18-35	42:08.91
9	Tam Tsz Kan	Unattached	M18-35	42:12.66
10	Sandra Ho	Kang Class	W18-35	42:22.64
11	Chi Sang Cheuk	Trailblazer	M36-49	43:27.87
12	Kylie Cheung	pACe running	W18-35	43:32.54
13	Alex Schrantz	RUN Volunteers	M50-59	43:56.95
14	Hay Man Kim	Unattached	W36-49	44:16.19

15	Ella Karsemeijer	pACe running	W36-49	44:50.19
16	Pui Yin Liu	Unattached	M18-35	44:51.26
17	Kate Bernardo	pACe running	W36-49	45:55.56
18	Yuen Suen Wang	Unattached	W36-49	46:02.36
19	Stephanie Kwan	Trailblazer	W36-49	46:35.05
20	Theo Watts	BuffCo	B U-15	46:50.37
21	Simon Weston	Unattached	M50-59	49:22.39
-	Lee Kai Chun	Unattached	M18-35	DNS
-	Gary Kwok	Unattached	M36-49	DNS

<u>HEAT 3</u>	<u>9:40AM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Wee Duangthip	BuffCo	B U-18	38:07.82
2	Jose Bongulto	BuffCo	M18-35	38:16.23
3	Tim Davies	pACe running	M18-35	38:26.05
4	Sebastian Cotton	Gone Runners	M18-35	38:26.25
5	Masashi Shirotake	Gone Running/Joint Dynamics	M36-49	38:26.56
6	Jiro Loasby	BuffCo	B U-18	38:27.80
7	Niek Niens	pACe running	M36-49	38:28.83
8	Joe Donaghue	pACe running	M18-35	39:05.63
9	Phil Wright	Unattached	M36-49	39:40.56
10	Devin Kennington	Unattached	M36-49	39:46.15
11	Israel Valcarcel	BuffCo	M36-49	40:09.66
12	Daniel Brown	Unattached	M50-59	40:57.37
13	Logan Wright	Unattached	M36-49	41:02.27
14	James Bernardo	pACe running	M18-35	41:40.29
15	Kei Cheung	SSAC	M36-49	41:44.37
16	AJ Silbernagl	Unattached	M36-49	41:50.44
17	Bryan Lau	Trailblazer	B U-18	42:51.55
18	Jesse So	Trailblazer	M36-49	43:31.11
-	Andy Guy	BuffCo	M36-49	DNF
-	Asrya Gobindpuri	BuffCo	G U-18	DNF
-	Yann Kai Oh	Unattached	W36-49	DNF
-	Man Ho Cheung	SSAC	M50-59	DNF
-	Jan Souleyman	Gone Runners	M50-59	DNS
-	Nirvan Lulla	BuffCo	M18-35	DNS

<u>HEAT 4</u>	<u>10:30AM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Masashi Shirotake	Gone Running/Joint Dynamics	M36-49	34:19.48
2	Yan Semenov	Unattached	M18-35	34:21.39
3	Aaron Hollingshead	Unattached	M36-49	34:43.10
4	Wing Ho	Unattached	M18-35	34:49.30
5	Robin Fall	Unattached	M36-49	35:01.56
6	George Gaffney	Gone Running/Joint Dynamics	M36-49	35:09.01
7	KC Chan	Unattached	M18-35	35:16.18
8	Ed Gumbley	Gone Running/Joint Dynamics	M36-49	35:51.34
9	Rayda Waye	pACe running	M18-35	36:21.29
10	Lucas Vitale	Unattached	M18-35	36:44.46
11	Caitriona Jennings	Gone Running/Joint Dynamics	W36-49	36:51.90
12	Charles Dutertre	Unattached	M18-35	37:01.44
13	Pierre Marconnet	Gone Runners	M18-35	37:25.60
14	Wallace Cheng	IRC	M18-35	37:34.23
15	Long Chan	Unattached	M36-49	38:19.45
16	Carson Kwok	RMAC	M18-35	38:24.52
-	Thibault Morenval	pACe running	M18-35	DNF
-	Chan Ho Kwan	Unattached	M18-35	DNF
-	Godwin Tam	Trailblazer	M18-35	DNF
-	Perry Chow	Trailblazer	M18-35	DNF
-	Laurent Nguyen	Gone Running/Joint Dynamics	M18-35	DNF
-	Likith Govindaiah	Unattached	M18-35	DNF
-	Cheuk Lam	Unattached	M18-35	DNF
-	Charlie von Burg	BuffCo	B U-15	DNF
-	David Xiong	Unattached	M36-49	DNS

800m

<u>HEAT 1</u>	<u>11:30AM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Tejas Pande	West Island	B U-15	2:30.29
2	Alex Niemy	BuffCo	B U-18	2:34.39
3	Kenta Hall	West Island	B U-15	2:40.29
4	Christine Pudwill	BuffCo	G U-15	2:40.55
5	Nellie Froidevaux	BuffCo	G U-15	2:42.42
6	Henry Russell	BuffCo	B U-12	2:47.76
7	Tomos Williams	West Island	B U-12	2:48.21
8	Narella Huang	BuffCo	G U-18	2:48.50
9	Theo Watts	BuffCo	B U-15	2:54.70
10	Cadman Strid	BuffCo	B U-15	2:55.61
11	William Kennington	Unattached	B U-12	3:19.80
12	Ann	RUN	W18-35	3:23.27
13	Sarah N	RUN	W36-49	3:36.39
14	Khouzaima	RUN	W36-49	4:09.86

<u>HEAT 2</u>	<u>5:00PM</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>RESULT</u>
1	Liam Quinn	BuffCo	B U-18	2:10.41
2	Matthew Yu	BuffCo	B U-18	2:17.39
3	Fahad	RUN	B U-18	2:25.92
4	Idle	RUN	M18-35	2:37.40
5	Abu	RUN	M36-49	2:55.59
-	CY Mui	Unattached	M18-35	DNS
-	Cheng Cheuk Kong	LCRA	B U-18	DNS

TEAM RESULTS - 10,000m

<u>RANK</u>	<u>CATEGORY</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMB. AGE</u>	<u>RESULT</u>
	<u>RANK</u>					
1	1	Gone Running/Joint Dynamics	Masashi/George/Ed	MENS MASTERS I	130	1:45:19.85
2	1	Gone Running/Joint Dynamics	JB/Caitriona/Masashi	MIXED MASTERS I	124	1:52:08.32
3	1	pACe running	Rayda/Tim/Niek	MENS	102	1:53:16.17
4	2	BuffCo	Wee/Jose/Jiro	MENS	59	1:54:51.85
5	1	pACe running	Joe/Colm/Stephanie	MIXED	105	2:01:50.94
6	2	BuffCo	Israel/Anthony/Tim	MENS MASTERS I	138	2:03:33.52
7	2	pACe running	James/Ivan/Kylie	MIXED	90	2:07:01.29
8	3	Trailblazer	Bryan/Chi Sang/Jesse	MENS	97	2:09:50.53
9	3	BuffCo	Bashant/Theo/Zoe	MIXED	59	2:21:58.93
10	2	BuffCo	Jo/Noah/Cynthia	MIXED MASTERS I	126	2:42:10.45

TEAM RESULTS - 800m

<u>RANK</u>	<u>CATEGORY</u>	<u>CLUB</u>	<u>RUNNERS</u>	<u>CATEGORY</u>	<u>COMB. AGE</u>	<u>RESULT</u>
	<u>RANK</u>					
1	1	BuffCo	Liam/Matthew/Alex	BOYS U-18	45	7:02.19
2	1	West Island	Tejas/Kenta/Tomos	BOYS U-15	38	7:58.79
3	1	RUN	Fahad/Idle/Abu	MENS	82	7:58.91
4	2	BuffCo	Christine/Nellie/Henry	MIXED U-15	39	8:10.73
5	3	BuffCo	Narella/Theo/Cadman	MIXED U-15	39	8:38.81
6	1	RUN	Ann/Sarah/Khouzaima	WOMENS MASTERS I	115	11:29.52

Team Age Categories

<u>CATEGORY</u>	<u>COMBINED AGE</u>	<u>CATEGORY</u>	<u>COMBINED AGE</u>
U-12	<33	MASTERS I	106-147
U-15	34-42	MASTERS II	148-177
U-18	43-51	MASTERS III	178-207
MENS/WOMENS	52-105	LEGENDS	208+

OVERALL RESULTS - 10,000m

<u>RANK</u>	<u>CAT RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	4	Masashi Shirotake	Gone Running/Joint Dynamics	M36-49	1979	34:19.48
2	1	4	Yan Semenov	Unattached	M18-35	1991	34:21.39
3	2	4	Aaron Hollingshead	Unattached	M36-49	1983	34:43.10
4	2	4	Wing Ho	Unattached	M18-35	1986	34:49.30
5	3	4	Robin Fall	Unattached	M36-49	1984	35:01.56
6	4	4	George Gaffney	Gone Running/Joint Dynamics	M36-49	1978	35:09.01
7	3	4	KC Chan	Unattached	M18-35	1994	35:16.18
8	5	4	Ed Gumbley	Gone Running/Joint Dynamics	M36-49	1976	35:51.34
9	4	4	Rayda Waye	pACe running	M18-35	1991	36:21.29
10	5	4	Lucas Vitale	Unattached	M18-35	1989	36:44.46
11	6	1	Jean-Baptiste Martenet	Gone Running/Joint Dynamics	M36-49	1981	36:49.86
12	1	4	Caitriona Jennings	Gone Running/Joint Dynamics	W36-49	1980	36:51.90
13	6	4	Charles Dutertre	Unattached	M18-35	1986	37:01.44
14	7	4	Pierre Marconnet	Gone Runners	M18-35	1986	37:25.60
15	8	4	Wallace Cheng	IRC	M18-35	1994	37:34.23
16	1	3	Wee Duangthip	BuffCo	B U-18	2004	38:07.82
17	9	3	Jose Bongulto	BuffCo	M18-35	1994	38:16.23
18	7	4	Long Chan	Unattached	M36-49	1984	38:19.45
19	10	4	Carson Kwok	RMAC	M18-35	1993	38:24.52
20	11	3	Tim Davies	pACe running	M18-35	1991	38:26.05
21	12	3	Sebastian Cotton	Gone Runners	M18-35	1988	38:26.25
22	8	3	Masashi Shirotake	Gone Running/Joint Dynamics	M36-49	1979	38:26.56
23	2	3	Jiro Loasby	BuffCo	B U-18	2006	38:27.80
24	9	3	Niek Niens	pACe running	M36-49	1979	38:28.83
25	13	3	Joe Donaghue	pACe running	M18-35	1986	39:05.63
26	10	3	Phil Wright	Unattached	M36-49	1980	39:40.56
27	11	3	Devin Kennington	Unattached	M36-49	1982	39:46.15
28	12	3	Israel Valcarcel	BuffCo	M36-49	1973	40:09.66
29	2	2	Eszter Csillag	Unattached	W36-49	1985	40:23.51
30	1	3	Daniel Brown	Unattached	M50-59	1970	40:57.37
31	13	3	Logan Wright	Unattached	M36-49	1979	41:02.27
32	14	2	Jesse Sung	Unattached	M36-49	1981	41:11.32
33	2	2	Anthony Chui	BuffCo	M50-59	1964	41:14.95
34	15	2	Colm Rafferty	pACe running	M36-49	1983	41:18.86
35	1	2	Stephanie Pezot	pACe running	W18-35	1989	41:26.45
36	14	3	James Bernardo	pACe running	M18-35	1986	41:40.29
37	16	3	Kei Cheung	SSAC	M36-49	1981	41:44.37

38	1	2	Josh Lee	UCCKE	B U-15	2007	41:47.29
39	15	2	Ivan Lam	pACe running	M18-35	1990	41:48.46
40	17	3	AJ Silbernagl	Unattached	M36-49	1972	41:50.44
41	16	2	Tim Vandecasteele	BuffCo	M18-35	1988	42:08.91
42	17	2	Tam Tsz Kan	Unattached	M18-35	1988	42:12.66
43	2	2	Sandra Ho	Kang Class	W18-35	1995	42:22.64
44	3	3	Bryan Lau	Trailblazer	B U-18	2005	42:51.55
45	18	2	Chi Sang Cheuk	Trailblazer	M36-49	1977	43:27.87
46	19	3	Jesse So	Trailblazer	M36-49		43:31.11
47	3	2	Kylie Cheung	pACe running	W18-35	1997	43:32.54
48	3	2	Alex Schrantz	RUN Volunteers	M50-59	1970	43:56.95
49	3	2	Hay Man Kim	Unattached	W36-49	1981	44:16.19
50	4	2	Ella Karsemeijer	pACe running	W36-49	1977	44:50.19
51	18	2	Pui Yin Liu	Unattached	M18-35	2000	44:51.26
52	19	1	Bashant Angbuhang	BuffCo	M18-35	1987	45:07.26
53	5	2	Kate Bernardo	pACe running	W36-49	1981	45:55.56
54	6	2	Yuen Suen Wang	Unattached	W36-49	1982	46:02.36
55	7	2	Stephanie Kwan	Trailblazer	W36-49	1981	46:35.05
56	2	2	Theo Watts	BuffCo	B U-15	2009	46:50.37
57	4	1	David Russell	Unattached	M50-59	1967	49:08.65
58	5	2	Simon Weston	Unattached	M50-59	1964	49:22.39
59	8	1	Annie Li	Trailblazer	W36-49	1983	49:50.25
60	1	1	Zoe Jane Cheng	BuffCo	G U-15	2008	50:01.48
61	1	1	Jo Chui	BuffCo	W50-59	1965	53:24.68
62	20	1	Noah Hui	BuffCo	M18-35	1988	53:24.95
63	9	1	Cynthia Claytor	BuffCo	W36-49	1984	55:20.82
64	1	1	Mark Loasby	BuffCo	M70-79	1950	56:07.78
65	10	1	Thuha Tran	Unattached	W36-49	1980	56:22.40
-	-	4	Thibault Morenval	pACe running	M18-35	1989	DNF
-	-	4	Chan Ho Kwan	Unattached	M18-35	2003	DNF
-	-	4	Godwin Tam	Trailblazer	M18-35	2001	DNF
-	-	4	Perry Chow	Trailblazer	M18-35	2000	DNF
-	-	4	Laurent Nguyen	Gone Running/Joint Dynamics	M18-35	1994	DNF
-	-	4	Likith Govindaiah	Unattached	M18-35	1995	DNF
-	-	4	Cheuk Lam	Unattached	M18-35	1997	DNF
-	-	4	Charlie von Burg	BuffCo	B U-15	2007	DNF
-	-	3	Andy Guy	BuffCo	M36-49	1973	DNF
-	-	3	Asrya Gobindpuri	BuffCo	G U-18	2006	DNF
-	-	3	Yann Kai Oh	Unattached	W36-49	1984	DNF
-	-	3	Man Ho Cheung	SSAC	M50-59	1966	DNF

-	-	1	Amanda Parazzi	BuffCo	W36-49		DNS
-	-	1	Neil Sadarangani	Unattached	M18-36	2000	DNS
-	-	1	Mario Giangrande	Unattached	M36-49	1972	DNS
-	-	2	Lee Kai Chun	Unattached	M18-35	2002	DNS
-	-	2	Gary Kwok	Unattached	M36-49	1975	DNS
-	-	3	Jan Souleyman	Gone Runners	M50-59	1971	DNS
-	-	3	Nirvan Lulla	BuffCo	M18-35	2003	DNS
-	-	4	David Xiong	Unattached	M36-49	1985	DNS

OVERALL RESULTS - 800m

<u>RANK</u>	<u>CAT RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	2	Liam Quinn	BuffCo	B U-18		2:10.41
2	2	2	Matthew Yu	BuffCo	B U-18		2:17.39
3	3	2	Fahad	RUN	B U-18		2:25.92
4	1	1	Tejas Pande	West Island	B U-15		2:30.29
5	4	1	Alex Niemy	BuffCo	B U-18		2:34.39
6	1	2	Idle	RUN	M18-35		2:37.40
7	2	1	Kenta Hall	West Island	B U-15		2:40.29
8	1	1	Christine Pudwill	BuffCo	G U-15		2:40.55
9	2	1	Nellie Froidevaux	BuffCo	G U-15		2:42.42
10	1	1	Henry Russell	BuffCo	B U-12		2:47.76
11	2	1	Tomos Williams	West Island	B U-12		2:48.21
12	1	1	Narella Huang	BuffCo	G U-18		2:48.50
13	3	1	Theo Watts	BuffCo	B U-15		2:54.70
14	1	2	Abu	RUN	M36-49		2:55.59
15	4	1	Cadman Strid	BuffCo	B U-15		2:55.61
16	3	1	William Kennington	Unattached	B U-12		3:19.80
17	1	1	Ann	RUN	W18-35		3:23.27
18	1	1	Sarah N	RUN	W36-49		3:36.39
19	2	1	Khouzaima	RUN	W36-49		4:09.86
-	-	2	CY Mui	Unattached	M18-35		DNS
-	-	2	Cheng Cheuk Kong	LCRA	B U-18		DNS

OVERALL WOMEN – 10,000m

<u>RANK</u>	<u>CAT RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	4	Caitriona Jennings	Gone Running/Joint Dynamics	W36-49	1980	36:51.90
2	2	2	Eszter Csillag	Unattached	W36-49	1985	40:23.51
3	1	2	Stephanie Pezot	pACe running	W18-35	1989	41:26.45
4	2	2	Sandra Ho	Kang Class	W18-35	1995	42:22.64
5	3	2	Kylie Cheung	pACe running	W18-35	1997	43:32.54
6	3	2	Hay Man Kim	Unattached	W36-49	1981	44:16.19
7	4	2	Ella Karsemeijer	pACe running	W36-49	1977	44:50.19
8	5	2	Kate Bernardo	pACe running	W36-49	1981	45:55.56
9	6	2	Yuen Suen Wang	Unattached	W36-49	1982	46:02.36
10	7	2	Stephanie Kwan	Trailblazer	W36-49	1981	46:35.05
11	8	1	Annie Li	Trailblazer	W36-49	1983	49:50.25
12	1	1	Zoe Jane Cheng	BuffCo	G U-15	2008	50:01.48
13	1	1	Jo Chui	BuffCo	W50-59	1965	53:24.68
14	9	1	Cynthia Claytor	BuffCo	W36-49	1984	55:20.82
15	10	1	Thuha Tran	Unattached	W36-49	1980	56:22.40
-	-	3	Asrya Gobindpuri	BuffCo	G U-18	2006	DNF
-	-	3	Yann Kai Oh	Unattached	W36-49	1984	DNF
-	-	1	Amanda Parazzi	BuffCo	W36-49		DNS

OVERALL JUNIOR – 10,000m

<u>RANK</u>	<u>CAT RANK</u>	<u>HEAT</u>	<u>NAME</u>	<u>CLUB</u>	<u>CATEGORY</u>	<u>YOB</u>	<u>RESULT</u>
1	1	3	Wee Duangthip	BuffCo	B U-18	2004	38:07.82
2	2	3	Jiro Loasby	BuffCo	B U-18	2006	38:27.80
3	1	2	Josh Lee	UCCKE	B U-15	2007	41:47.29
4	3	3	Bryan Lau	Trailblazer	B U-18	2005	42:51.55
5	2	2	Theo Watts	BuffCo	B U-15	2009	46:50.37
6	1	1	Zoe Jane Cheng	BuffCo	G U-15	2008	50:01.48
-	-	4	Charlie von Burg	BuffCo	B U-15	2007	DNF
-	-	3	Asrya Gobindpuri	BuffCo	G U-18	2006	DNF